

# Beer Parish News

December 2022

*Ring out  
the bells*

*and sing...  
it's*

**CHRISTMAS**



**St Michael's... ..and Village**

# CHURCH DIRECTORY

[www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)

**PRIEST IN CHARGE** Rev Justin Montague [coastalvicar@hotmail.com](mailto:coastalvicar@hotmail.com)

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**Ass. Priest:** Rev Alison Finch [alison.finch@ymail.com](mailto:alison.finch@ymail.com) 20567

## ST MICHAEL'S ...

**Churchwarden:** Mrs G. Chapple 07794 838219

**Treasurer:** Mr K. Izzard, Sunningdale, Common Hill, Beer 625181

**Secretary:** Mrs Jean Smith 07412 010245

**Sacristan & Head Server:** Mrs L. Bees 21723

**Altar Guild:** Mrs P. Bewick 21954

Mrs Y. Hawker 22191

**Choir:** Dr G. Butler (Practice Tuesday 6-7pm) 21375

**Organist:** Dr G. Butler, Mullions, New Road, Beer 21375

**Children's Society:** Mrs P. Edmunds, West Ebb, Common Hill, Beer EX12 3AQ 23659

**Families Worker** Linda Joy [lindajoychildrensworker@gmail.com](mailto:lindajoychildrensworker@gmail.com)

**Children's Team:** Mrs Jean Smith 07412 010245

Mrs J. Ross Mrs L. Molony

**Worship Team:** Mrs G. Chapple, Ms M. Hiron, Mrs L. Molony, Mrs L. Bees

**Pastoral Team:** Mrs G. Chapple (sec) 07794 838219

Mrs Y. Hawker, Mrs S. Aplin,

Mrs P. Bewick, Mrs E. Singleton,

Mrs A. Vaughan, Mrs S. Anderson

**Beer Parish News** Dr Henry Jaggars, Green Bank, 9 Clinton Rise, 20858

**Editor:** Beer. Email: [henryjaggars@btinternet.com](mailto:henryjaggars@btinternet.com)

Area code for all phone numbers above is 01297 unless shown otherwise

**In an emergency, parishioners should contact the Churchwarden (see above for address and phone number).**

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[www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)

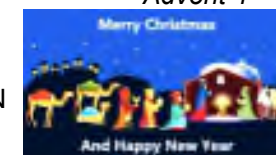


[St Michaels Church Beer](https://www.facebook.com/StMichaelsChurchBeer)

[www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)

## Calendar for December 2022

<b>Sat 3rd Dec</b>	10:00am~12noon Seriously Occasional Singers 2pm <b>"Winter Warmer"</b> SOS invite you to join them for refreshments, chat, local arts, good company and song	
<b>Sun 4th</b>	<b>9:30am Communion Service with Archdeacon Andrew Beane</b>	<i>Advent 2</i>
<b>Tues 6th</b>	6:00pm Choir practice 7:30pm Bell ringing	
<b>Wed 7th</b>	10:00am Puffins Pre-school Nativity—ALL welcome 7:30pm <b>"A Christmas Selection"</b> in aid of St Petroc's Charity	
<b>Thurs 8th</b>	2:00pm "Questions of Life & Faith" St Greg's Church Centre	
<b>Fri 9th</b>	10:00am Mickey's Music Makers Christmas Party <b>Switching on of Christmas lights~</b> <b>Carols~Craft Fayre &amp; Father Christmas</b>	
<b>Sun 11th</b>	<b>9:30am 9 Lessons &amp; Carols—BEER</b> <b>4pm "Empty Chair" Service—</b> for those who are hurting and find Christmas difficult— at <b>St Gregory's Seaton</b> <b>5:30pm "Carols on the Cliff"</b> (BY RNLI hut) BEER	<i>Advent 3</i>
<b>Tues 13th</b>	2:00pm Play reading group—Church room 6:00pm Choir Practice 7:30pm Bell ringing	
<b>Wed 14th</b>	8:30am Open the Book <b>10:00am Communion Service at BEER</b> 2:15pm Beer School Christmas Service	
<b>Sat 17th</b>	2:00pm Christingle making—ALL welcome	
<b>Sun 18th</b>	<b>9:30am Morning Praise</b> <b>4:00pm Christingle Service</b>	<i>Advent 4</i>
<b>Tues 20th</b>	6:00pm Choir Practice	
<b>Wed 21st</b>	7:00pm Compline Service at SEATON	
<b>Sat 24th</b>	<b>11:15pm Midnight Mass</b>	
<b>Sun 25th</b>	<b>9:30am Family Communion Service</b>	
<b>Sun 1st Jan</b>	<b>9:30am UNITED Communion Service at BEER</b>	



*Our Sunday services in Beer are often broadcast on Facebook. If you can't come to church, you can watch and hear them there, either live or later at a time convenient to you!*

From Justin...

### Rev's Ramblings

Have you ever felt so happy, elated you felt like you wanted to burst and spread that delight on everyone you met? That childhood excitement and wonder of waking up on Christmas morning, running downstairs to discover what might be under the tree.

Wouldn't it be great if we could always feel that way?

The truth is happiness is a feeling that is often fleeting. Because as we know, we've all experienced disappointments.

For many of us these last few years have been like that. No one could have predicted that our lives would have been turned upside-down and inside-out or even grounding to a startling halt by the Covid-19 pandemic.

Whether it's an invisible virus or an unexpected change in our circumstances, a walk in a dark valley or facing one of life's storms, we can still grasp hold of an unshakable joy that is not based on the season of life we find ourselves in.

It's a joy offered to us, not a feeling, but something that goes far deeper than that. A joy not based on our happenings, our circumstances or our surroundings.

It's a joy that enables us to sing in a storm. It's a joy that propelled the apostle Paul to keep on going despite being beaten up, shipwrecked and imprisoned. An unshakable joy Paul shared courageously in his letters to encourage others in their uncertainty, as he faced imprisonment. It's a joy that lifted an Indonesian church community to pray and to worship amidst the aftermath of a devastating earthquake. It's a joy that lifted my own heart and soul when I couldn't lift my body.

It's a joy that inspired and overwhelmed the Magi amid a perilous journey of hundreds of miles. It's a joy that roused the shepherds as they guarded their flocks by night, a community excluded and ostracized, but who too went on a journey to light and life.

A journey not to a place, but to a person. It's a joy that comes not from searching for joy itself, but searching and finding the face of Jesus Christ.



The angel said to the shepherds:

"Do not be afraid; for see—I am bringing you good news of great joy for all the people: to you is born this day in the city of David, a Saviour, who is the Messiah, the Lord" (Luke 2.10).

Great joy for all the people....Yes, for you and for me.

Why?

For born is a saviour, the promised messiah, the Lord Jesus Christ.

For in the Christ child, God came to be with his people.

And through his life, death and resurrection, a joy was won for us through Jesus' full and perfect sacrifice. A joy based on God's character, His love and His faithfulness and not on the wobbly faith we all have from time to time. It's an unshakeable and unbeatable joy, through confidence in what Jesus has done for us and on our behalf. A joy we cannot earn or win but is given to us for free. It's a joy-filled hope of a future beyond this life in God's eternal kingdom to come.

But it's also a joy that God longs for us to experience today. Jesus said:

"I have said these things to you so that my joy may be in you, and that your joy may be complete" (John 15.11).

It's the joy of the very presence of God in our lives today through the Holy Spirit as we receive Jesus as our Lord and saviour. It's a joy that transforms our hearts and minds and allows us to see things around us through God's lens.

And it's a lived-out joy as those called to be ambassadors of God's joy and hope in the world. It's a joy to be embodied in our prayers for others and a joy in a welcoming voice to both stranger and neighbour. It's a joy in service and a joy shared in a generous gift, a joy in a meal to the hungry, a word of forgiveness or the outreach of an open heart.

It's the joy of coming together in worship, of sharing at the Lord's table, a joy of being united as one family as brothers and sisters in Jesus Christ.

For true joy is not the presence of a smile or the absence of sadness. To know Jesus is to know true joy. The babe in a manger, our perfect saviour, Immanuel – God with us, His is the path of true joy.

Love, joy and peace be with you this season.

Justin

## A Christmas Selection

**A light-hearted evening of readings and music for  
Christmas, featuring a quartet from**

**Sidmouth Town Band.**

**In aid of St. Petrock's,**

**Exeter's charity for the homeless.**

A programme of readings featuring donkeys,  
a battle-winning pudding, musical field mice, a little-known Polar  
explorer, unwanted presents, a sheepdog and a rubber ball, plus  
seasonal music by musicians from Sidmouth Town Band

St. Michael's Church

Wednesday 7th December

7.30pm

Admission Free,

Donations to St. Petrock's

Light refreshments

**Please support this important cause**

**"Questions of Life and Faith"** The next few  
dates for Questions of Life and Faith are on  
Thursdays 8th December, 12th January and  
9th February from 2 to 3.30pm in St Gregory's  
Church Hall, Colyford Road. These sessions  
provide an opportunity to share our thoughts,  
feelings and doubts about questions that  
matter to us in our life. All are welcome and  
there is no expectation of regular attendance  
as each session is a fresh start for all who  
come, new and old. Please spread the word!

*Karen Curnock*

## ALTAR GUILD NEWS

From the meeting held on 8<sup>th</sup> November 2022 –

The Harvest Festival service and supper went well and was enjoyed by all.

**Dates for your diary, events to be held in St. Michaels church...**

**SOS singer's concert 3<sup>rd</sup> December 2-4pm** - refreshments,  
raffle and stalls

**Concert on 7<sup>th</sup> December @ 7pm** - organised by Richard Scott for  
donations to St Petrock's charity (for the homeless),  
refreshments and raffle

**Festive Xmas Fair on 9<sup>th</sup> December 3-7pm** –  
refreshments, Father Christmas, crafts and stalls

**Christingle Service 18<sup>th</sup> December @ 4pm**

Please come and join us ~ we would love to see you.

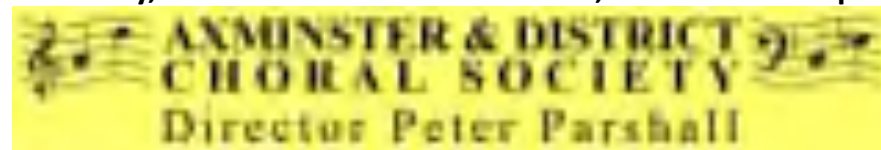
A very Happy 103<sup>rd</sup> birthday on the 10<sup>th</sup> December to one of our  
honorary altar guild members, Marjorie Spears the Altar Guild  
ladies send all their love, prayers and all best wishes.

**Date of next meeting: 17<sup>th</sup> January 2023 @ 10am**



### A CHRISTMAS CONCERT

**Saturday, 17th December in the Minster, Axminster 7.00 pm.**



Vaughan Williams Fantasia on Christmas Carols, seasonal folk  
songs by other composers and carols for choir and audience.

The concert will be conducted by Judy Martin. Tickets are  
£15.00 central aisle or £12 side aisles. Under 18s are half price.  
Mince pies and mulled wine will be available at the end of the  
concert. BYO cushion! Tickets may be purchased from Archway  
Bookshop, Trinity Square, Axminster (cash only), online via the  
link on the website, <https://www.axminsterchoral.co.uk/> or  
direct from members. There may be some available on the door .



## Fine Foundation Centre

### Beer Village Heritage

Reg. Charity No.1087162

Just when we were beginning to feel safer in respect of Covid-19 it raised its ugly head again! The photographer succumbed to the lurgy, so we have emptied

the fish tanks and returned the occupants to the sea. Thanks to everyone who helped. The Fine Foundation Centre is now open at weekends and once the tanks have dried out we will have space to display some more of our collection of Axe Valley Pottery.

The first of the Branscombe Project talks took us to Bodmin Moor, Dartmoor and the Outer Hebrides, looking at the practice of transhumance when stock is moved to pastures new in the summer. Pete Herring brought the experience alive, showing that in some instances communities moved almost en bloc, often travelling some distance from their homes. The practice protected the winter pastures as well as the crops sown at the lower levels. Somehow one feels that the introduction of the electric fence, and, more recently the electronic tag, will make the practice redundant. Patrick Dillon's talk on Monday 9<sup>th</sup> January expands the subject, looking at livestock farming in Mongolia.

Work in the garden has been confined to days when it isn't pouring with rain or blowing old boots. We've laid sheets of cardboard – broken down boxes – on the vegetable patch as crops have been harvested. It works well as a weed suppressant, and reduces the need to dig. This year we've experimented by planting cabbages through the cardboard layer (with limited success as the pigeons have found the leaves tasty and pulled up some of the plants!)

It's time to bring begonias indoors and dry them off, ready to store through the winter. Some folk do the same with dahlias, but we leave them in the ground. Most seem happy and come up year after year.

This is the last month for our hag-stone collection. It's not too late to contribute and you'll find tie-on labels in the centre, where there is also a display of some of those already contributed. Outside the centre, the exhibits in the display cases are available all the time. You can access the Beer

Village Heritage walks and I-Spy on line via our website: <http://www.beervillageheritage.org.uk/>.

November's "Pebbles People" on the Jurassic Coast website features 2 videos from Beer. Andy Smith's sensitive and fascinating art work relating to Under Hooken is beautifully presented. Mike and Norah look at various pebbles on the beach. We're working on a contribution for December when the project is completed.

If you're walking the SW Coast Path, don't forget to visit the "Smallest Museum in the South West" at the Sea Shanty at Branscombe Mouth.

We were unable to attend the recent Local History workshop so David Morling sent the following report on the cemetery project:

*"It is the fourth year now of gathering inscriptions. As we get nearer to having all the headstones recorded so it gets slower as we deal with brambles, the irregular pattern of the cemetery layout and the most damaged inscriptions. However, there is now a large enough database of inscriptions to give some time to reflect on the data.*

*I have just come back from the Beer Remembrance Sunday gathering around our war memorial. After the two minutes silence, the names of all the dead of the two world wars were read out. I was struck by the way family names that I have been identifying in the cemetery were cropping up, often more than once, in those lists. Until the 1950s there was a fairly stable population of families who belonged to Beer.*

*The headstones identify people from the middle of the nineteenth century. Using 'dates of death' and ages we are able to identify people who lived from the last twenty years of the eighteenth century onward. It is interesting to line up their lives with the events of national and international history through which they lived. Someone who died in 1860 at the age of 63 who would have lived as Victoria came to the throne. I wonder whether they were aware of the passing of the Great Reform Act in 1832 or the conflicts and suffering occasioned by the Corn Laws and the famines that contributed to their repeal.*

*For me, this is the fascination of studying the cemetery. Most of the headstones begin their inscriptions with "In loving memory of". However, a long time has passed since their deaths and even many families, unless a very special effort has been*

...continued

*made, will hardly remember them. Most people are not remembered as the years move on and yet every life made a difference and every life was part of those historical events which we study with such great enthusiasm. Modern historians, with their work in oral history and studies of the lives of 'ordinary people' are helping us to see our past differently and our cemetery projects are a small contribution to that trend to better appreciate social history. I have not found an easy substitute for the term, which I really hate, 'ordinary people'. You could say that everyone is an ordinary person and that no one is ordinary.*

*Crawling in the long grass, cutting back brambles and struggling with eroded stones is not a very glamorous way to do history (though this year being warmed by the sun at the same time has been good). However, it contributes to the story of one coastal village and the people who lived the history of the last 240 years".*

The cemetery project is an example of how Beer Village Heritage works. If you have a particular interest or would like to get involved you can contact us on 01297 20858 or at [beervillageheritage@yahoo.co.uk](mailto:beervillageheritage@yahoo.co.uk)



## **NEW YEAR'S DAY BEACH CLEAN meet 11am at the Heritage Centre**

Join us for our traditional New Year's Day beach clean.  
Bring, or send, your visitors too!  
All are welcome



A small local group who meet regularly in order to grow in the practice of Contemplative Prayer in the Christian tradition. We welcome people of ALL denominations, or none. Currently operating as "The Julian Group at Home"

**We invite you to join us virtually on the second Monday of each month at about 7.20pm by downloading and following an "order of proceedings" - available from the Coastal Church website. For more information contact: Sue Price, Reader at St Gregory's Seaton on 01297 22314**

## **Community Larder begins in Beer**

Beer Community Larder, to be known as "Foodsave Beer" will begin operation on the 21st November. The aim is to enable

people to play their part in reducing food waste. At the same time with heating costs going up and inflation growing everyone could do with saving money on the weekly shop! Having a Community Larder here in Beer can help to achieve both.

We are partnering with Foodsave Honiton, which over the last two years has established close relationships with local supermarkets to reduce food waste. Foodsave collects perfectly good in-date food that is approaching its best before date from surrounding supermarkets. It then brings it to a convenient

central location in Honiton where anyone can access the food for free, to stop it being sent to landfill.

We will operate the service from Beer Congregational Hall twice a week; Monday afternoon and Friday evening. People in Beer and Branscombe will be able to pick up food in person from the Hall. There will also be a delivery service to the homes of those unable to collect it themselves. St Michaels and the Congregational Churches, Beer Medical Centre and Beer Village Stores have kindly signed up to partner us.

Successful operation will depend on the help of four types of volunteer:

- a. Drivers to pick up food from dedicated supermarkets in Sidmouth and Axminster.
- b. Food sorters and supervisors to man the service point in the Hall.
- c. Drivers to deliver food boxes to clients in Beer and Branscombe.
- d. Experienced fundraisers willing to work as part of a small team.



## BEER WI

### DON'T FORGET

There is no Over 65s Christmas lunch this year, instead everyone is welcome to:

FREE COFFEE MORNING  
MARINERS HALL

THURSDAY DECEMBER 8<sup>th</sup> 10-12

SEE ADVERT FOR DETAILS IN THIS MAGAZINE AND AROUND THE VILLAGE  
Our monthly meeting, held on the first Wednesday of the month, took place on a really dreadful night with horizontal rain and strong winds. We were expecting a very low turn out but our members are made of stronger stuff and there were 25 plus a guest to listen to a very entertaining talk by Chris Andrew, curator from Lyme Regis Museum. He gave us a better understanding of the essential work that takes place behind the museum items, recording all the details available for each item whether displayed or stored.

The October walk held at the end of the month on a beautiful, warm sunny day was not well attended, but it was half term with the usual walkers entertaining visitors. The walkers were joined in the Golden Lion at Tipton St John by 2 less mobile members and all enjoyed a delicious lunch.

Once again Beer WI entertained local WI group members at our annual quiz night held in the Dolphin function room. There were over 40 taking part and thanks go to Colin Levine who stood in at the last minute as quizmaster. This was because Sam, our usual quizmaster, had to go into hospital and everyone at Beer WI wishes him the very best for a speedy recovery. The winning team won a box of chocolates.

Our monthly lunch club again met at The Hind in Musbury for a morning of skittles followed by an excellent lunch. This proved very popular with 16 members attending, 6 of whom continued the afternoon with a session of Canasta at a member's home.

The other book groups and the creative writing group are continuing at members' homes throughout the year but still have vacancies for those wishing to join in.

Beer WI welcomes new members and guests. For information please call 01297 21864 or 01297 599157

theWI  
INSPIRING WOMEN



**MERRY CHRISTMAS  
AND A  
HAPPY NEW YEAR**

**Instead of the over 65 Christmas  
Lunch this year**  
**BEER WI**  
invites **EVERYONE** to a festive  
celebration at our  
**FREE COFFEE MORNING** that includes:  
**Tea, Coffee, Mince Pies and Cakes**  
With  
**CHRISTMAS CRAFT STALL**  
at the  
**MARINERS HALL**  
**THURSDAY 8<sup>TH</sup> DECEMBER**  
**10 - 12**





A52A

**SATURDAY 17TH DECEMBER**  
**MARINERS HALL, BEER**  
 8PM DOORS & BAR OPEN 9PM BAND STARTS  
**£10 PER TICKET**  
 TICKETS CAN BE PURCHASED FROM BEER VILLAGE STORES

The poster features a black background with gold stars, blue Christmas baubles, red musical notes, a pair of black dress shoes, and a pair of red high-heeled shoes.



## BEER HORTICULTURAL SOCIETY

TABLE TOP SALE

MARINERS HALL, BEER

SATURDAY 3rd DECEMBER

9am – 12.30pm,

SELLERS FROM 8am.

£6 PER TABLE, £10 FOR TWO

SAUSAGE OR BACON BAPS FROM 9 – 12

Balcony Room Mariners Hall

Come and Craft

Eco-Christmas tree decoration  
 for the Community Christmas Tree

10am until 12noon



## BEER FILM SOCIETY

Thursday 8th Dec  
Mariners' Hall

### "Brian & Charles"

(2022, PG)

If you would like to book a seat or table – and ensure your fair share of the treats! - then please reserve in advance by emailing

[beerfilmsociety@gmail.com](mailto:beerfilmsociety@gmail.com)

before **Monday December 5<sup>th</sup>**

**6.45pm for a 7:30pm**

**Members £5, non-members £7**

**Licensed Bar**



### Beer Men's Shed

Web site: [www.beermensshed.uk](http://www.beermensshed.uk)

Facebook group: Beer Men's Shed

Email: [info@beermensshed.uk](mailto:info@beermensshed.uk)

Tel: 07775 768172

## Beer Mariners Short Mat Bowls Club



### Beer Mariners Short Mat Bowls Club

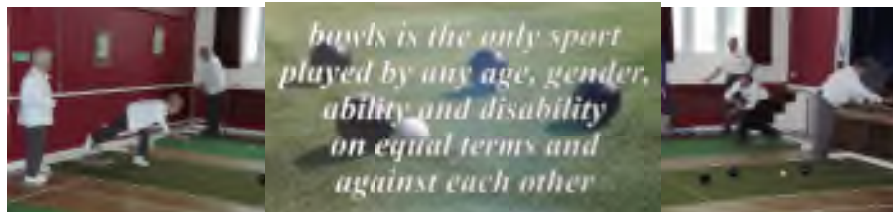
The friendly short mat bowls club for all ages and abilities

New skill? Old pastime? Come along and have a go!

HAVE YOU EVER CONSIDERED  
**INDOOR SHORT MAT BOWLS ? - MARINERS HALL, BEER.**  
TUESDAY EVENINGS ALL YEAR.  
**EQUIPMENT AND TUITION PROVIDED FREE. OPEN TO ALL.**  
COME AND HAVE SOME FUN !!  
contact:  
COLIN TIMS 01297 23565  
or HENRY JAGGERS 01297 20858

Tuesday evenings 7.15 – 9.30 pm at The Mariners' Hall - locals 2 free visits! then £3 per night -

Just bring some flat shoes *New players welcome!* Tea/coffee/biscuits included









## Seaton Beer and District Branch RNLI

I am very pleased to report that at the time of writing my report that the total for our Annual Autumn Sponsored Walk on Sunday

23<sup>rd</sup> October is £504.75. This includes Alastair's justgiving page. Well done and thank you also to Liz, Sue and Maddie the dog who completed the walk with us plus everyone who sponsored us and gave donations.

Volunteers from Seaton Beer and District Branch had a very enjoyable and successful time at the Beer Royal British



Legion Coffee Morning on Saturday 29<sup>th</sup> October. Mandy from Barnards Farm knitted and sold £120 of her Beer Bears, Sea Creatures, Ice Creams and Bunting throughout the summer. This is the price of two pairs of RNLI wellington boots worn by RNLI crew members. I presented Mandy with a Certificate of Thanks and Mandy aims to raise enough funds to buy a crew helmet in 2023.

In May 2021 our Volunteer Committee Member Ann Roberts received a badge for twenty years of service and I received a medal for forty years of service to the RNLI. During the afternoon of Sunday 30<sup>th</sup> October, I attended with Alastair as my guest, the RNLI

Volunteering in Excellence Celebration at the Britannia Royal Naval College at Dartmouth. A total of over two hundred Crew and Volunteers



attended and there was a welcome and talk by the Chief Executive Mark Dowie who also thanked the families and friends for their support. There were refreshments and Prosecco, singing by the Exmouth Shanty Men, an emotional talk by a couple who lost their rudder on their yacht in gale force winds and were rescued by the Sennen Lifeboat and to mine and Alastair's surprise I was at the beginning of the Thank You Film in my inflatable duck costume with Lyme Regis Guild Volunteers at their Duck Race Day in August 2019.

As we go into December on Saturday 3<sup>rd</sup> December in the morning, we are at St Gregory's Church, Seaton Christmas Fair and in the afternoon with the SOS Singers at St Michael's Church Beer. On Sunday 4<sup>th</sup> we are at Axe Yacht Club Annual General Meeting presenting a Certificate of Thanks for funds raised during their October Charity Day, Wednesday 7<sup>th</sup> at Colyton Christmas Fair, Friday 9<sup>th</sup> Beer Festive Craft Fair and Saturday 10<sup>th</sup> in the Seaton Carnival Christmas Parade. After the 10<sup>th</sup> December any remaining Christmas Cards and Diaries will be transferred to the Shop at Lyme Regis and we are looking forward to re-open at Easter 2023 or before.

We thank and wish all our Volunteers, Supporters, everyone who has purchased from our Shop, attended our events and in our area very good Christmas and New Year and we look forward to our RNLI SOS Table Top Sale on Saturday 28<sup>th</sup> January that is to be the first event of 2023.

Best wishes  
*Wendy Cummins*  
Secretary, Seaton Beer and District Branch RNLI





**WARM SPACES** Having problems keeping warm at home? Here are some places and times when you might keep warm for an hour or two, and perhaps make some new friends.

**MONDAY**

[Congregational Church Hall 12.00 - 2.00pm](#)  
[Food Save](#)

**WEDNESDAY**

[Beer Sailing Club 10.00am - 12.00pm](#)  
[Cosy coffee or tea \(donation\) all welcome](#)  
[The Anchor Inn 4.00 - 6.00pm](#)  
[Children's Supper Club games & food](#)

**THURSDAY**

[Congregational Church Hall 10.00 - 12.00pm](#)  
[Coffee or tea on alternate Thursdays](#)

**FRIDAY**

[Congregational Church Hall 6.00 - 8.00pm](#)  
[Food Save](#)  
[St Michael's Church each day](#)  
[Open each day for warm space & books](#)

# Community Christmas Tree

**HELP DECORATE THE TREE FOR IT TO BECOME A SPECIAL PART OF THE VILLAGE OVER CHRISTMAS!**

The tree will be in place by Sunday 27th November in the play park at the top of Sea Hill/Jubilee

The tree can be used to remember loved ones, a quiet place to reflect or somewhere of a meeting point to share the Christmas Spirit with friends!



**FREEDOM CAFE**  
SATURDAY 17TH DECEMBER 2022  
10:30AM - 1:30PM

FREE COMMUNITY CAFE HOSTED BY ST GREGORY'S CHURCH FOR EVERYONE LIVING, WORKING OR VISITING SEATON!  
SOUP WITH A ROLL, CAKES AND DRINKS!  
WE HOPE TO MOVE BACK TO OUR FULL MENU IN 2023!

TEL: 01297 218681 RES: CHURCH: 107403 EMAIL: FREEDOMCAFE371@GMAIL.COM  
ST GREGORY'S CHURCH CENTRE, EXT 20F  
FIND US OPPOSITE SEATON CRICKET CLUB ON COLYFORD ROAD.  
3.2.1 FOR JESUS..... A FRESH EXPRESSION CHURCH 1:45PM - 2:00PM

**Empty Chair Service**

**Sunday 11<sup>th</sup> December 2022 4pm**

**at St. Gregory's Parish Church, Seaton**

**A service for those who are hurting and find Christmas difficult. All are welcome**

## You and the World

Are you addicted to the world? Do you make demands on the world? *"Give me safety and security. Fulfil me and give me accomplishment. Make me happy."* Most people's lives are consumed by material things and desires: things to do and things to think about. It makes for a distorted way of living. A sane and balanced and peaceful life is one where awareness, in addition to being conscious of material things, is also conscious of a dimension of space and stillness – not out there in the world, but within.

Being aware of your own inner space frees you from the prison of obsessive preoccupation with what the world might or might not give you. Knowing you have an alert inner stillness frees you from ego and from dependency on material things. This is the arising of a spiritual dimension.

How does inner space arise? Become aware of the observing stillness in you that is in the background to all events in your life. Become aware that there is an observing presence in you in every encounter in the world. This puts a space around suffering, so that you are not consumed by suffering, so that you do not find your identity in whatever happens. Then you are no longer possessed by what happens, or by your thoughts about what happens. Instead, there is an observing space around everything that happens in your life, you observe without losing yourself.

Suffering is everywhere in the world. No one escapes it. Some of the suffering you experience comes from beyond yourself, some is self-inflicted. When you are 'conscious of being conscious' -- that is when you live with spaciousness that comes to you when you dis-identify with what happens in the world, then you are able to live with 'the peace that passes all understanding.'

## YOUR "LOCAL" CONTACTS

### Parish Council

Geoff Pook	07966 490429	
James Green	07714 328352	<i>Vice Chair</i>
Alex Adkin	07811 178731	
Emma Molony	07773 399025	
Rick Dormor	07970 217267	<i>Chair</i>
Mandy Graham	01297 20369	
Adam Brewer	07874 051689	
Tim Stevens	07855 023482	

[timstevensbpc1@aol.com](mailto:timstevensbpc1@aol.com)

Sean Greig 07971 294201

John Heath 07966 089257

Martin Richards 07809 629344

*Clerk to the Council:* [clerk.](mailto:clerk.beerparishcouncil@googlemail.com)

[beerparishcouncil@googlemail.com](mailto:beerparishcouncil@googlemail.com)

*Internal Auditor:* Trudie Jenkins (Blue Chip Accountancy)

### East Devon District Councillor Geoff Pook

Mobile: 07966 490429

[gpook@eastdevon.gov.uk](mailto:gpook@eastdevon.gov.uk)

### Devon County Councillor Marcus Hartnell

Mobile: 07515 285725

### Member of Parliament Richard Foord

*Parliamentary matters -*

House of Commons, London, SW1A 0AA

*Constituency matters -* [richard.foord@libdems.org.uk](mailto:richard.foord@libdems.org.uk)

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# Beer Parish News

## ♥THANK YOU FROM BEER PHARMACY ♥

It's hard to find the words to describe how grateful we are, but we would like to say a MASSIVE THANK YOU to everyone who has supported us throughout the difficult, challenging and chaotic last 12 weeks. Without YOU and your support Beer Pharmacy would not be running, so thank you.

♥ Sending a HUGE THANK YOU to Annie Boalch, Dr Dove, Maddy Fripp and many others who have rallied around to support us, we appreciate you.

♥ THANK YOU SO, SO much to the Community of Beer and surrounding areas for all the acts of kindness, the well wishes and love. It is greatly appreciated, thank you.

♥ Also THANK YOU to our local pharmacy community who have also rallied around to keep us running. Kevin, Keren & Steve Budden (previous owners of Colyton Pharmacy), Ian Morton of Morton's Pharmacy in Axminster. Jackie & Martyn Lewis of Lewis Pharmacy in Exmouth, Claire from Lloyds Pharmacy Harepath Road and locum Fraser Perman who have all given up their free time to help us, we appreciate you, thank you so much.

And not forgetting the lovely Vikkie Newton, thank you for all your help and support.

I know it means the world to Ladi, he has lost his sparkle a little bit, but his speech is progressing every day. The surgeon was, "astounded by the rate of this recovery". If you know Ladi, you'll know he is very witty, so I know it has been frustrating for him. But he has assured me he's been saving it all and will be back in action soon.

It just goes to show in a crisis it does not matter if you were born in Beer, blew in or blew out... Everyone came together to help us. What an amazing community to be part of.

Thank you for everything.

Ladi, Melissa & family.

**Copy for January to be with the Editor  
by Monday 19th December, at latest please.**

**henryjaggers@btinternet.com  
01297 20858 Green Bank, 9 Clinton Rise EX12 3DZ**

***Back Page***

***December 2022***