# Beer Parish News 2025 April



# 1925 - 2025

## Happy 100<sup>th</sup> Birthday, Beer WI !

...see pages 20 - 22

St Michael's ... and Village

# CHURCH DIRECTORY

PRIEST IN CHARGE Rev Justin Montague coastalvicar@hotmail.com

07308 264614

Parish Administrator Helen Knight <u>seatonchurch@hotmail.co.uk</u> 23656 Parish Finance Officer Helen Moulding <u>cmctreasurer@hotmail.com</u> Local Pioneer Minister Rev Shuna George Pritchard <u>shuna.art@gmail.com</u>

<u>ST MICHAEL'S</u> ...

Churchwarden:	Penny Grant <u>pennygrant@hotn</u>	nail.co.uk	24008	
Secretary:	Mrs Jean Smith		2 010245	
Sacristan & Head Server: Altar Guild:	Mrs L. Bees Mrs P. Bewick Mrs Y. Hawker	$\frac{1}{2}$	21723 21954 22191	
Choir:	Dr G. Butler (Practice Tuesday 6-7)	pm)	21375	
Organist:	Dr G. Butler, Mullions, New Road, Beer 21375			
Children's Society: Ann Stott				
Families Worker: Amy Dare mrandmrsdare22@gmail.com				
Children's Team:	Gayle Chapple, Amy Dare, Jenny Ross			
Worship Team:	Gayle Chapple, Lynne Bees, Penny Grant, Yvonne Hawker, Angela Ould, Jenny Ross			
Pastoral Team:	Mrs G. Chapple (sec) Mrs Y. Hawker, Mrs P. Bewick, Mrs E. Singleton, Mrs S. Anderson	07794	838219	
ANNA CHAPLAINS: Mary Casey email <u>caseymary119@gmail.com</u>				
Phone: 23656 or 07805 655335 & Sue Craker Mobile 07802 649155 email: susanawhelan@icloud.com				
Safeguarding Officer: Mrs G. Chapple 07794 838219				
Beer Parish NewsDr Henry Jaggers, Green Bank, 9 Clinton Rise, 20858Editor:Beer. Email: <u>henryjaggers@btinternet.com</u>				
Area code for all phone numbers above is 01297 unless shown otherwise				
In an emergency, parishioners should contact the Churchwarden (see above for phone number).				
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www.coastalchurch.org.uk



St MICHAEL'S CHURCH

St Michaels Church Beer

Community www.coastalchurch.org.uk

Calendar for APRIL 2025

Sun 30 <sup>th</sup> Mar	8:00am Holy Communion at SEATON Mothering Sun		
	<u>9:45am</u> Morning Worship with our friends fr	rom the	
	Congregational Church & distributio	n of posies.	
Tues 1 <sup>st</sup> April			
Wed 2 <sup>nd</sup>	10:00am Prayer Group		
	2:15pm Beer School Easter Service		
Thurs 3 <sup>rd</sup>	2:00pm Lent Course 4 <sup>th</sup> Session		
Fri 4 <sup>th</sup>	10:00am Mickey's Music Makers		
Sun 6 <sup>th</sup>	8:00am Holy Communion at BEER	5 <sup>th</sup> Sunday of Lent	
	9:30am Morning Praise		
Mon 7 <sup>th</sup>	11:00am~1:00pm Messy Monday Church		
	velcome for an Easter Treasure Hunt, Worship & a	a simple lunch	
Tues 8 <sup>th</sup>	2:00pm Play Reading group		
	6:00pm Choir Practice		
Wed 9 <sup>th</sup>	10:00am Holy Communion		
	11:00am Annual Vestry Meeting & APCM –		
Thurs 10 <sup>th</sup>	12noon Lent Lunch at Congregational Chur	rch Hall	
	2:00pm Lent Course 5 <sup>th</sup> session		
Sun 13 <sup>th</sup>	9:30am Family Communion	Palm Sunday	
Mon 14 <sup>th</sup>	12noon "Soup for the Soul"	}	
Tues 15 <sup>th</sup>	12 noon "Soup for the Soul"	}	
	6:00pm Choir Practice	}	
Wed 16 <sup>th</sup>	12 noon "Soup for the Soul"	}	
0-14	2:00pm Anna's Place	Holy Week	
Thurs 17 <sup>th</sup>	style worship with Communion and refreshments	}	
	12 noon "Soup for the Soul"	ł	
	with communion & washing of feet 2:00pm Lent Course "The Comeback" Final se	secion 1	
Good Eriday			
Good Friday	12 noon "Walk of Witness" <i>starting at Tesco Plaza</i> 2:00pm "Reflections at the Cross" at St Gregory's		
Holy Saturda			
Easter Day	10:00am~12noon Easter Coffee Morning with stalls in church 7:30am "Sunrise Service" on Top Cliff by RNLI Hut		
Easter Day	followed by breakfast at Congregational		
	9:30am Family Communion		
Easter Monda	ay 7:00pm for 7:30pm start EASTER QUIZ bri	na drinks & nihhles	
Tues 22 <sup>nd</sup>	6:00pm Choir Practice	ig uning a mobiles	
Wed 23 <sup>rd</sup>	10:00am Communion service at SEATON		
Fri 25th	10:00am Mickey's Music Makers		
Sat 26 <sup>th</sup>	10~12noon Seriously Occasional Singers	laura f 🗖 a sta u	
Sun 27 <sup>th</sup>		2 <sup>nd</sup> Sunday of Easter	
Tues 29 <sup>th</sup>	6:00pm Choir Practice		
Fri 2 <sup>nd</sup>	10:00am Mickey's Music Makers	am a	
Sun 4 <sup>th</sup> May	8:00am Holy Communion	3 <sup>rd</sup> Sunday of Easter	
	9:30am Morning Praise		

#### From Justin... Rev's Ramblings -

I was musing about what to write this month with us only just past the half-way point on our journey through lent and still another 20 days away from the Easter celebration. As someone who doesn't like to get ahead of myself, I have decided to focus on the former, as it is what we do in that time that prepares us for the later.

How is your lent going? Did you pick something up for lent or give something up?

I decided my Lenten commitment was to 'slow-down', which rather sounds like an oxy-moron for someone who runs,

where speed is a particular desired pre-requisite. Also, the very real busy-ness of the business of my professional position, means time management is important and that can often mean moving fast. Here however, my focus is specifically on spiritual and emotional speed management, that is locking in fully to the stillness at the centre of my being and consciously slowing down, in heart, soul and mind. I have found during this Lenten season, by committing to regular fixed 'still-times' in my day (even if I don't think I have time), as well attending to slowing down in the everyday transitions between responsibilities, has had a positive knock-on effect on my spiritual and emotional well-being.

Have you ever noticed how we so often treat our lives like a never-ending to-do list? Wake up, rush to work, rush through meals, rush home, rush to bed—then repeat. It's as if we are in a race to...where to exactly?

Yet, God never seems to be in a hurry. Jesus, the very Son of God, walked everywhere. If anyone had a reason to sprint through life, it was Him. He was 'in-demand' like no other, yet He took His time. He stopped for conversations, enjoyed meals with friends, and even took naps during storms (Mark 4:38). If Jesus didn't feel the need to rush, why do we?

In the 1960s, a Japanese theologian, Kosuke Koyama, wrote a book, 'Three Mile an Hour God'. He noticed that the average speed that human beings walk at is three miles per hour. It is likely Jesus walked at no more than three miles per hour during his earthly life. God, who is love, and love has a speed, Koyama says, and that speed is slow and gentle.

In our culture, busyness and speed are badges of honour. We pile on commitments, stress over schedules, and then wonder why we feel exhausted, disconnected, and spiritually empty. King David wrote, "Be still, and know that I am God" (Psalm 46:10).

But when was the last time you were actually still? Not scrolling, not multitasking, not half-listening while planning your next move—but truly still?

Jesus mastered the art of slowing down. He withdrew to quiet places to pray (Luke 5:16), lingered at wells for meaningful conversations (John 4:6-26), he noticed people—really noticed them, and his surroundings, such as the birds and flowers of the field (Matthew 6:26-30). Imagine how different our lives would be if we followed His example!

What are my top tips for slowing down, a model marked by Jesus and I believe a pace God intended for all of us:

#### 1. Start Your Day with God, Not Your Devices

Before checking emails, news, or social media, take a moment to pause, pray and read Scripture, or just simply breathe in the quiet.

#### 2. Eat Like Jesus

Jesus often used meals as a time for connection. Put away that phone, turn off the tv, ignore the clock and just enjoy food with family or friends.

#### 3. Sabbath: It's Not Just a Suggestion

God built rest into the rhythm of creation. He didn't need it, but it was a gift for us. Sabbath rest doesn't just mean laying back or sitting down all day, but is also about slowing the pace, letting go, and letting God come into that space.

#### 4. Leave Room for Holy Interruptions

Jesus was never too busy to stop for people. If your schedule is too packed to be interrupted, it's too full. Consciously, schedule pauses into your diary, not simply for transitions, but fixed moments with no commitments.

#### 5. Take a Walk – at Jesus' pace

Slow down your pace enough to notice what's around you. Hear the birds, notice the flowers, gaze at the greenery and let your mind, soul and heart slow down with your pace.

Slowing down isn't about being lazy—it's about being present. When we rush, we miss moments of joy, connection, and divine encounters. But when we embrace a slower, more intentional pace, we make space for God to move in our lives.

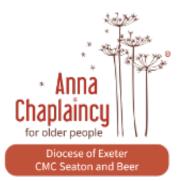
So, let's together take a deep breath this April, take our heart off the pedal this lent and remember that God isn't pacing us into heaven, neither is He stressed about our everlasting to-do lists. He's inviting us to step out of the fast lane and into the peace of His pace. And we might just find that this Easter life is coming once again on the horizon—this real, abundant life— and what it really means to us and the difference it makes, was waiting for us all along.

Grace and peace, Justin



#### ANNA CHAPLAINCY ANNA CHAPLAINCY – APRIL worship

and events – If you have a loved one or friend you visit in one of the Seaton care homes, you might like to join us for our monthly activity and worship? Please check with the care home prior to your visit in case anything has to be changed.



Tuesday 1 April –THE MANOR 11.00 a.m. Wednesday 2 April CHECK HOUSE 11.00 a.m.

Tuesday 8 March – MEMORY CHURCH 2-4 p.m. Church centre St Gregory's SEATON – For older people who find it difficult to worship in our church buildings. Worship, afternoon tea and making new friends. Interested? Phone 01297 23656

Monday 14 April - NETHERHAYES 10.45 a.m. Tuesday 15 April – LYME BAY VIEW 10.45 a.m. Wednesday 16 April – THE SEATON 11.00 a.m.

Wednesday 16 April - ANNA'S PLACE 2.00 p.m. St Michael's Church BEER. Reflective café style worship with Holy Communion followed by refreshments.

Thank you for taking the time to read this. We really appreciate your prayers and support.

Anna Chaplain Mary - 07805665335 Anna Chaplain Sue – 07802649155 The church office - CONTACT 01297 23656



For Older People and their Carers: A Place to Meet, Relax & Worship

Tuesday 8th April Tuesday 13th May together. St Gree Centre

St Gregory's Church Centre 2-4pm



**Seriously Occasional Singers Hay Community Choir** Resound **No Pressure Together in Concert** 



Sunday 27th April 2:30pm **Beer Quarry Caves** 

Earth Song A piece inspired by Scottish Gaelic Psalm Singing

**Gospel Y African Y Light Jazz** 

Tickets £10 (Children free) In aid of Devon Air Ambulance



& Andy's Man Club

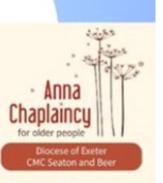


# ANNA'S PLACE

Special 30 minute worship for Older People Followed by Refreshments Music and Memories, Wednesdays from 2pm at St Michael's, Beer:

# April 16th May 21st

All are welcome! Dementia Supportive Come, receive God's Grace



# ALTAR GUILD NEWS

Meeting held in St. Michael's 17<sup>th</sup> March 2025– AGM followed by ordinary meeting.

At the AGM officers were re-elected for the roles of chairman, vice chair, treasurer and secretary. All roles were offered to the committee members if anyone wished to pursue any of them, following discussion standing officers happy to be re-elected supported by committee.

Chairman: Patsy Bewick Vice Chair: Yvonne Hawker Treasurer: Jenny Ross Secretary: Haze Barber.

Last year's fundraising was very successful so a BIG THANKYOU for all the support from our lovely community.

Ordinary meeting followed finalised Easter plans of what is happening at St. Michael's which have been advertised around the village and on social media and we are hoping for a good footfall and supportive of lovely people to join us.

Up and conming events :-

**Lent lunch Thursday 10<sup>th</sup> April** to be held in Congregational hall -12 midday.

**Coffee Moring planned for Saturday 19th April** 2025 - 10am -12midday -Refreshments, raffle, tombola, cakes stall.

Sunday Service 20th - April 09.30am

**Easter Quiz planned for the 1**<sup>st</sup> **April 7pm -7.30pm** in the church –DIY refreshment table will set up as before. There will be a raffle and also there will be a prize for the winning team. People can bring their own drinks and nibbles.

### Date of next meeting: May 6th 2025 @10.00am

## Fine Foundation Centre

Beer Village Heritage Reg. Charity No.1087162 March came in like a lamb and has given us a few sunny, Spring-like days. Will it go out like a lion? No doubt we can look forward to another chilly snap when the

blackthorn comes into flower! As far as I know there is no scientific reason for this to happen, but the "Blackthorn Winter" seems to happen every year!

Work on the Fine Foundation Centre continues, with the new fish tanks to be delivered soon. The Trustees decided to invest in replacement tanks which will be easier to clean and maintain and are planning to set up a new layout which will be more user-friendly. The plan is for the centre to re-open on Good Friday as usual.

One of the subjects discussed by Beer Art Groups' History Group was the potential use of the chapel of rest in the closed graveyard. The building is rarely used these days and is deteriorating and the Archdeacon has requested suggestions and support for a sustainable community use of the old Chapel.

The sun shone for the Grizzly on Sunday 9<sup>th</sup> March and Beer Village Heritage enjoyed manning the water station in Beer Head Caravan Park along with the RNLI. As usual we were impressed by the stamina, physicality and determination of the runners. The front runners arrived very much on the anticipated times. Some of those at the back of the pack were pulled out of the race but just on 2000 runners completed the course. Our thanks go to all of our volunteers, with special thanks to Will who provided the bacon baps.

Seaton's Jurassic Discovery centre has recently acquired a new collection. When Leon Garner died, he requested that his extensive and meticulously catalogued collection of fossils should be kept in one place. Although some of the fossils are from around the world, many relate to our coastline, particularly from the Jurassic and Cretaceous periods.

The Discovery centre is also home to an amazing collection of animatronic dinosaurs which have been re-homed from the Natural History Museum. They are all from the Cretaceous period, which is when our chalk was laid down underwater, and are displayed in appropriate surroundings. Together they tell the story of the last days of the dinosaurs and the impact of an asteroid hitting the earth 66 million years ago. Seaton Tramway is working on the garden area where you will find plants which can be traced back to the Triassic period, things like tree ferns and monkey puzzle trees.

The East Devon National Landscape (EDNL) team wants to hear from you about their plans for the next five years. You can be involved online on: <u>www.eastdevon-nl.org.uk</u>. EDNL is the new name for the East Devon Area of Outstanding Natural Beauty, and this will be their first management plan.

Axe Valley Heritage Society held the first of their talks in March when Tom Cadbury gave a talk on the Seaton Down Hoard. Over the years since this was discovered, the staff at the Royal Albert Memorial Museum have done a huge amount of work on the coins, all low denomination Roman coins, most of which cover the reign of Constantine, AD 317 to 340 Amazingly the origin of each of the 22,888 coins can be identified, so we know that they came from across Northern Europe as well as into Italy and as far east as Constantinople (now Istanbul) which was established as the "new Rome" in AD330.

Rob Beard's talk on the fossils found in the chalk between Branscombe West Cliff and Salcombe Regis was fascinating as many of his finds are unusual. As we know from the cliffs in Beer, complete fossils are not plentiful in the chalk.

For those of you who like dinosaurs, Exmouth is hosting a Dinosaur Day on Saturday  $19^{\text{th}}$  April from 0900 - 1500. The fun and games will be in Bath Road, and most of the activities are free of charge.

Most of you will have visited the Bomb Shelter, which shares opening times with Jimmy Green's shop. BVH rents the exhibition space out on a regular basis, and local artist Andy Smith will be showing some of his work there on April 11<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup>.

Beer Village Heritage is a registered charity, and we rely on donations in order to run the Fine Foundation Centre and the Bomb Shelter. You'll find the Beer Village Heritage walks and I-Spy online via our website: <u>http://www.beervillageheritage.org.uk</u>. We apologise that some of the links on the site are not working.

If you would like to be involved with running the Fine Foundation Centre and our other activities, please talk to our Chairman, David Morling on 01297 625045.



# **Beer Film Society** Card payment preferred own cus 12 WHAT HAPPENS BERING THESE WALLS WILL CHANGE EVERYTHING. Thursday April 17th Mariners' Hall Doors open 6.30pm New start time - 7.00 pm

Members £5.00 non members £7.00

## **BEER FILM SOCIETY**

THE health of current Pope Francis and life in the Vatican has been in the news recently so Beer Film Society's next show on <u>Thursday</u> <u>April 17th</u> seems very timely.

*Conclave (2024, 2hrs, 12)* is an Oscar-winning adaption of Robert Harris's book which is based on one of the world's most secretive and ancient events -selecting the new Pope.

Cardinal Lawrence (Ralph Fiennes) is tasked with running this covert process after the unexpected death of the beloved Pope.

Once the Catholic Church's most powerful leaders have gathered from around the world and are locked together in the Vatican halls, Lawrence uncovers a trail of deep secrets left in the dead Pope's wake, secrets which could shake the foundations of the Church.

This drama-come-murder-mystery also stars Stanley Tucci, John Lithgow and Isabella Rossellini and received rave reviews when it opened.

#### What the critics said:

The film, which is by far the best adaptation of Harris's work to date — brisk, smart, and propulsively plotted — is basically 12 Angry Men with incense and some Latin argumentation.

#### Tom Shone. Sunday Times. 4\*

*Like every classy adaption of a quality novel, the film enhances rather than diminishes the story.* 

### Brian Viner. Daily Mail. 5\*

You may think that being locked in a room with a bunch of pompous elderly men deviously attempting to shaft each other wouldn't be a lot of fun. But trust me on this: Conclave is a blast

#### Wendy Ide. Observer. 5\*

A reminder that the Mariners' Hall doors will open at 6.30pm for a **7pm start**. Tickets costs £5 for members and £7 for guests and are available on the door. Card payment preferred please.

The bar will be open and baboo ice creams will be available.

Numbers limited - to book tickets, email beerfilmsociety@gmail.com



After a quiet February we had a great time with Beer Village Heritage doing the Grizzly Race Day Water Sation at Beer Head Caravan Park on Sunday 9<sup>th</sup> March. We were at the 3.6 mile distance point out and the 17.8

miles on the return. The weather was fine and mild for us and the 2000 runners who passed through. My cd player played party and dancing music

all day and we had bacon baps and cake. All organisations who either marshall or do the drink stations receive a donation from the Axe Valley Runners at their Annual General Meeting in April.



During the evening of Tuesday 11<sup>th</sup> March we held our Annual General Meeting at the Congregational Hall. At the beginning of the meeting we remembered our committee member Roger Grose who passed away in February and also our also our former Chairman John Holder. We reviewed a brilliant year at our Shop and of fundraising during the 200<sup>th</sup> year of the RNLI. We then looked forward to events to come in 2025. Additional volunteers are still needed for our Shop at Jubilee Gardens and if you can help please contact our Shop Manager Richard Hare telephone 07752393640 or for Fundraising/Events details contact me secretary Wendy Cummins at wac500@hotmail.co.uk At the time of writing my report we were preparing to open our Shop for the season from Monday



31st March and our opening times to be approximately 10.30am to 4.30pm. Please come and see us. All help will be greatly appreciated.

Steve Postles from the Lyme Regis Fishing College and Marine Health and Safety Provider to the South Coast came to our Coffee Morning at Beer Sailing Club on Wednesday 22nd January. On Wednesday 12<sup>th</sup> March the Lyme Regis Water Safety Team came for the morning and offered advice on water safety, checking the safety of lifejackets and how to call for help in an emergency. A Letter of Appreciation from our RNLI Community Manager Jason Luff was presented to our Adrian Mills for fifteen years of being with our Shop and branch of the RNLI from 2010 and serving on the committee from 2018. Adrian continues to be with us and his help and support is greatly appreciated. Tea, coffee, hot chocolate and cake were served during the morning. A big thank you goes to Roy Vidler and Beer Men's Shed who did a brilliant repair to our lovely model Severn Class Lifeboat. Part of the proceeds of £316 from both Coffee Mornings have been given to Beer Men's Shed and the Fishermen's Mission to support both

organisations. We extend a big thank you to Beer Sailing Club for hosting coffee mornings for organisations throughout the winter.

As we proceed through 2025 we are looking forward to having a collection at Tesco Axminster on Saturday



19<sup>th</sup> April. Additional collectors always welcome.

As in previous years we are taking part in the RNLI Mayday Appeal. Our RNLI Welly Walk Day and Collection at Seaton is on Sunday 24<sup>th</sup> May. Come and join us taking part and/or do a Mile A Day In May. Sponsor forms and mileage record forms are available. Also, we will be having our Colour in a Wellington Boot Competition.

Our Beer Lifeboat Weekend is on Saturday 5<sup>th</sup> and Sunday 6<sup>th</sup> July. Our Table Top Sale and Street Collection is on the 5<sup>th</sup> and Annual Duck Race Day is on Sunday 6th.

Details of our events will be in the Beer Parish News, on posters, on Facebook and in the local press.

Best wishes and take care everyone.

Wendy Cummins, Secretary, Seaton Beer and District Branch RNLI

A couple of poems by Frances Lee. The first one, "Centenary Time", written for Beer WI's 100th Birthday. The second, "Snowdrops", reminds us of the joy we had earlier in the year on first seeing those very welcome harbingers of Spring.

#### Centenary Time

Centenary time is here Enjoying a special day Look at the feast before us Each of us ready to play Beer ladies of W.I. Rise up and let's have a toast

All of us dressed in our best This is the year we can boast It's 100 years of Beer W.I. Over these years we've come Now we're the ones to raise a glass Smashing more times to

come!



#### Snowdrops

There you are again! Brave chaps! In snow and wind And icy rain Where no one else will dare Whilst other flowers take naps!

Whilst we all sleep And sluggards be You're up and out And feeling free Ahead of us In laps!

So throw off slump Let's be astir You are our hope, our guide our lure

To you we throw our caps!



helping communities help themselves

# **Devon Oil Collective**

Did you know that Devon Communities Together has its own heating oil scheme?

 What if getting the best

 price for your heating oil

 could be made simple?

Devon Oil Collective

Phone 01392 248919 or visit www.devoncommunities.org.uk/services/devon-oil-collective

# Happy 100<sup>th</sup> Birthday Beer WI thou

On March 18<sup>th</sup> the WI in Beer met at Beer Sailing Club to celebrate the centenary of the group. This was backed up by a video of pictures of times past and year books of the group. Some members go back a long way and had memories to relate.



Our joint presidents welcomed us on our arrival to a beautifully decorated room overlooking the sea. There were about 25 members present who sat down to a tasty lunch with drinks and a lovely atmosphere on a bright sunny day. After the meal the cake was cut and Happy Birthday was heartily sung. Followed by a thank you to the presidents for organising such a lovely occasion and to Grant, our chef.





A great view from the Sailing Club



Our presidents cuting the cake



Avril Cook has been looking into the archives and here is a sample of her findings:

A meeting in 1940 -

More Whist Drives for the Troops.

20<sup>th</sup> February: 16<sup>th</sup> Birthday party.

30<sup>th</sup> April: Whist Drive in aid of Beer Nursing Association. 24<sup>th</sup> September: Secretary wrote to Capt Everitt to invite the soldiers to a Variety Evening at the Institute on 22<sup>nd</sup> October.

30 soldiers with their officers attended who were billetted in Beer. There was a bountiful supply of cigarettes. Lieut Williams heartily thanked everyone who helped make their evening so enjoyable. 26th November: Entertained 40 soldiers.

10<sup>th</sup> December: Annual Old Folks Party held at the Congregational Hall, about 150 sat down to tea.

1941 -

21<sup>st</sup> January: A party was given for evacuees and members children, about 90 sat down to tea, with games and competitions and dancing.

18<sup>th</sup> February: 17<sup>th</sup> Birthday Party, each member was invited to bring a friend.

6<sup>th</sup> March: Party for 30 soldiers billeted in the village.

5<sup>th</sup> April: Farewell Party for the Troops leaving the village. Capt James thanked the WI.

19<sup>th</sup> June: A Folk Dance evening was held with spectators and dancers from Seaton, Colyton, Axminster and Branscombe. 15<sup>th</sup> July: A Whist Drive in aid of Folk Dancing Funds.

More to come next month.

#### Our next meeting is on April 2nd in the Congregational Hall in Beer. We meet at 7.30.

The speaker this time is Keith Hayman who is talking about 'super sniffers' Medical detection dogs.

Do come and join us! You are very welcome.

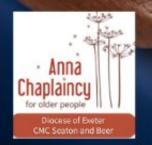
# **Memory Church**

For Older People and their Carers: A Place to Meet, Relax & Worship

**Tuesday 8th April Tuesday 13th May**  together.

2nd Tues of the month 4pm

St Gregory's **Church Centre**, **Colyford Rd** Seaton EX12 2DF



**Dementia Supportive Disabled** Facilities



Contact: Mary Casey caseymary119agmail.com **Anna Chaplain** to book your place

Church office: 01297 2365 seatonchurch@hotmail.co.uk



Thank you to all who attended the Sailing Club coffee morning on Wednesday 5th February. It raised £104.42p.

Sunday 9th March - Grizzly - As in previous years the lodge provided a number of Marshall's for this years event. The sun shone and the weather was perfect, a great day for all.

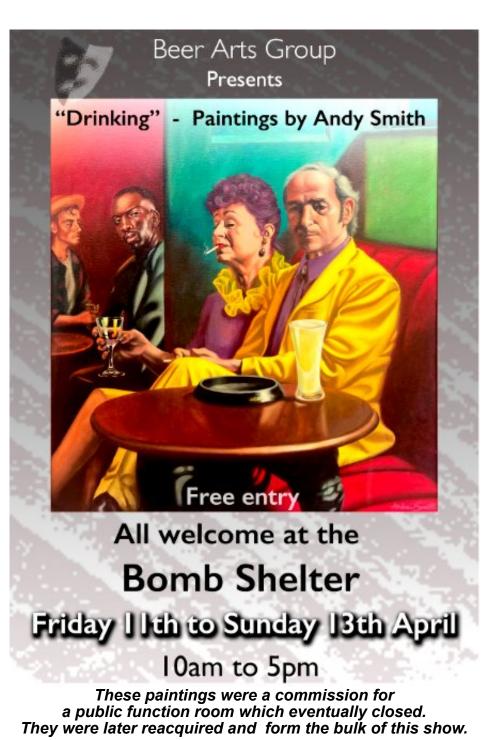
The lodge were delighted to welcome two new members seen here either side of WP Bro Dave Mutter ROH. Mr Paul Bolden and Mr Simon Hitchcock



Buffs Skittles - A difficult year for the men's team who have struggled to find form with three games to play at time of writing sitting near the bottom of league three of the Colyton Skittles League. The ladies have shown steady improvement with an increase in wins over last season.

The lodge 'Crafts & Arts Committee' are planning a brisk walk to The Fountain Head this month to welcome in spring, sample some Branscombe Ale and have a bite to eat before catching the bus back to Beer. A firm favourite of the Committee with its original features, unique position in Branscombe with good food and service.

The lodge welcomes new members. Contact the secretary at EnquireBeerLodge@outlook.com



#### YOUR "LOCAL" CONTACTS

x ¥ \* \* \* \* ¥ X

#### Parish Council

John Heathcllrjheath@beerMartin Richardscllrmrichards@bMaureen Westlakecllrmwestlake@bMartin Shobbrookcllrmshobbrook(bTimothy Stevenscllrtstevens@beerKaren Stevenscllrtstevens@beerLeona Reevecllrlreeve@beerSimon Reevecllrcthompson@beerCaroline Thompsoncllrcthompson@beerAngela Smithcllrswhitelock@beerSimon Whitelockcllrswhitelock@beerClerk to the Council:Nicky Ingarfield

cllrjheath@beer-pc.gov.uk cllrmrichards@beer-pc.gov.uk cllrmwestlake@beer-pc.gov.uk cllrmshobbrook@beer-pc.gov.uk cllrtstevens@beer-pc.gov.uk cllrkstevens@beer-pc.gov.uk cllrlreeve@beer-pc.gov.uk cllrsreeve@beer-pc.gov.uk cllrcthompson@beer-pc.gov.uk cllrasmith@beer-pc.gov.uk cllrswhitelock@beer-pc.gov.uk Nicky Ingarfield clerk@beer-pc.gov.uk

Internal Auditor: Jacqui Peskett - Aalgaard Renshaw Business Solutions Ltd.

## East Devon District Councillor

John Heath 07966 089257

Devon County Councillor Marcus Hartnell Mobile: 07515 285725

Member of ParliamentRichard FoordParliamentary matters -House of Commons, London, SW1A 0AAConstituency matters - richard.foord@libdems.org.ukc/o 118 High Street, Honiton, EX14 1JP

## Relationships

How quick we are to form an opinion of a person, to come to a conclusion about them. It is satisfying to the egoic mind to label another human being, to give them a conceptual identity, to pronounce righteous judgement upon them.

Every human being has been conditioned to think and behave in certain ways --- conditioned genetically as well as by their childhood experiences and their cultural environment.

That is not who they are, but that is who they appear to be. When you pronounce judgement upon someone, you confuse those conditioned mind patterns with who they are. To do that is in itself a deeply conditioned and unconscious pattern. You give them a conceptual identity, and that false identity becomes a prison not only for the other person but also for yourself.

To let go of judgement does not mean that you don't see what they do. It means that you recognise their behaviour as a form of conditioning, and you see it and accept it as that. You don't construct an identity out of it for that person.

That liberates you as well as the other person from identification with conditioning, with form, with mind. The ego then no longer runs your relationships.

(Extracted from *Stillness Speaks* by Eckhart Tolle)

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Our fortieth anniversary programme starts on April 5<sup>th</sup> 2025 with Haydn's Creation, one of the most popular choral works and one which has been a staple of the ADCS repertoire.

Saturday April 5th at 7.30. Minster Church Axminster. Axminster and District Choral Society perform Haydn's Creation, celebrating the choir's 40th anniversary. Tickets £16/£14 from <u>axminsterchoral.co.uk</u> or 01404 43805

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- 37 -

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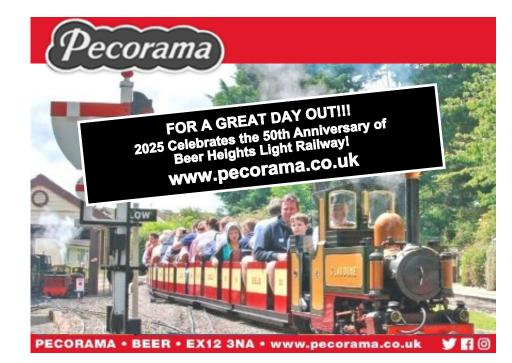
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There is so much to enjoy and to keep the family occupied this April, this Easter.

But don't forget it is **EASTER**, the most important time in the Christian calendar. So take a little time to yourself, to contemplate what it means, and maybe even go to Church.



Copy for May to be with the Editor by Saturday 19th April, *at very latest please*.

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