# Beer Parish News



St Michael's ... and Village

# CHURCH DIRECTORY

### www.coastalchurch.org.uk

PRIEST IN CHARGE Rev Justin Montague coastalvicar@hotmail.com

St Gregory's Office <u>seatonchurch@hotmail.co.uk</u> 23656

Ass. Priest: Rev Alison Finch <u>alison.finch@ymail.com</u> 20567

ST MICHAEL'S ...

Churchwarden: Mrs G. Chapple 07794 838219

Treasurer: Mr K. Izzard, Sunningdale, Common Hill, Beer 625181

**Secretary:** Mrs Jean Smith

Sacristan Mrs L. Bees 21723

& Head Server:

Altar Guild: Mrs P. Bewick 21954

Mrs Y. Hawker 22191

Choir:Dr G. Butler (Practice Tuesday 6-7pm)21375Organist:Dr G. Butler, Mullions, New Road, Beer21375

Children's Society: vacant

Families Worker Linda Joy lindajoychildrensworker@gmail.com

Children's Team: Mrs Jean Smith 07412 010245

Mrs J. Ross

Worship Team: Mrs G. Chapple, Ms M. Hirons, Mrs L. Bees

Pastoral Team: Mrs G. Chapple (sec) \_\_\_\_\_07794 838219

Mrs Y. Hawker, Mrs S. Aplin, Mrs P. Bewick, Mrs E. Singleton,

Mrs S. Anderson

ANNA CHAPLAIN. Rev Ali Finch email AnnaChaplainsCMC@hotmail.com

Phone: 23656 or 07762744977

07412 010245

ANNA CHAPLAIN. Mary Casey email AnnaChaplainsCMC@hotmail.com

Phone: 23656 or 07805655335

Beer Parish News Dr Henry Jaggers, Green Bank, 9 Clinton Rise, 20858

Editor: Beer. Email: henryjaggers@btinternet.com

Area code for all phone numbers above is 01297 unless shown otherwise

In an emergency, parishioners should contact the Churchwarden (see above for phone number).

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www.coastalchurch.org.uk =

St MICHAEL'S CHURCH

St Michaels Church Beer www.coastalchurch.org.uk

Calendar for May 2023

**Wed 3**<sup>rd</sup> 8:30am Open the Book at Beer School

Fri 5<sup>th</sup> 10:00am Mickey's Music Makers

Sat 6<sup>th</sup> Coronation of HM King Charles III

Sun 7<sup>th</sup> 8:00am Coronation Prayer Breakfast

9:30am Coronation Morning Praise 2pm ~ 5pm Coronation Street Party

DCC Masting to ratify reports

**Tues 9**th PCC Meeting to ratify reports. 6:00pm Choir Practice

7:15pm Bell Ringing

Wed 10<sup>th</sup> 10:00am Holy Communion at BEER

**Thurs 11th** 2:00pm Questions of "Life & Faith" at St Gregory's Church Centre

Fri 12<sup>th</sup> 10:00am Mickey's Music Makers

Sun 14<sup>th</sup> 9:30am Morning Praise 6<sup>th</sup> Sunday of Easter

Beer Blazer at Beer Primary School

10:00am Fun Run

10:15am 10-mile, 5 mile & 10k runs

**Tues 16<sup>th</sup>** 2:00pm Play Reading Group

6:00pm Choir Practice 7:15pm Bell ringing

7. Topini beli ninging

Wed 17<sup>th</sup> 8:30am Open the Book at Beer School

6:30pm Compline Service at St Gregory's Seaton

Thurs 18th Ascension TBA

Sat 20<sup>th</sup> 10am~12noon Seriously Occasional Singers

Sun 21st 8:00am Holy Communion at BEER

9:30am Annual Vestry Meeting & APCM followed at 10:30am Rogation Service & coffee on the beach

**Tues 23**<sup>rd</sup> 2:00pm Play reading group

6:00pm Choir Practice

7:15pm Bell Ringing

Wed 24<sup>th</sup> Holy Communion at SEATON Fri 26<sup>th</sup> 10:00am Mickey's Music Makers

Sun 28th 9:30am Family Communion Service Day of Pentecost

Tues 25<sup>th</sup> 6:00pm Choir Practice

7:15pm Bell Ringing

Fri 1st June NO Mickey's Music Makers (Half term)

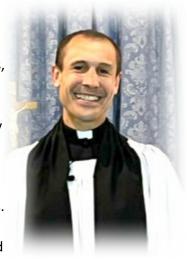
Sun 4<sup>th</sup> 9:30am Morning Praise Trinity Sunday

Our Sunday services in Beer are often broadcast on Facebook.

If you can't come to church, you can watch and hear them there, either live or later at a time convenient to you!

# From Justin... Rev's Ramblings

In 2016 during my time in the Royal Marines, I was in New York for the Wounded Warrior Games, a sports competition for injured and ill service personal. I had gone into a grocery store after a day competing on the track. Queuing up to buy some food, I reached the cashier and took out my wallet from my team tracksuit to get some dollars and cents. Fumbling somewhat with this unfamiliar currency in my hands, I looked up to pay and the cashier said "it's ok sir", and pointed



behind me. As I turned around, a lady was stood there close behind whom I noticed was putting her credit card into her purse. She looked at me and said 'thank-you for your service' and I stood there rather taken aback. She had paid for my food and as it turned out, had been a spectator at the games earlier that day.

I had not done anything myself for this individual, in fact, I could have been a terrible Marine. But I suppose perhaps what she did was towards what I was representing, the British Armed Forces, and that I had served both my Queen and country. It is of course a rather American phrase - 'thank-you for your service' - but so moved by that particular incident, it is a saying I now pull out wherever possible to recognise others dedication. To the postmen and women roaming the streets in all weathers, to the care workers stepping from their cars to serve the needs of the vulnerable, to the street cleaners and bin personnel, to our NHS and emergency services — 'thank-you for your service'.

At the beginning of May we celebrate the coronation of King Charles, someone whose life role will truly be dedicated to a whole-life of public service and duty, to both our nation and the Commonwealth. The call to service is integral to our understanding of the monarchy, a role that

above all else is one of dedicated service and one that must be fulfilled with distinction and integrity.

In his supporting role, as Prince of Wales, he held a bulging portfolio of charitable and conservational work and following the Queens death, King Charles pledged himself to this vocation and to follow his mother, whom we all might suggest, is a hard act to follow. Speaking after her death, he made an impassioned commitment to follow the pattern which she modelled with grace, loyalty and respect. And we pray for him through this time of his coronation and continually into the future, as he puts duty and self-sacrificial service before self-interest, as our most public of public servants.

As Easter people, we remember that God sent His Son Jesus Christ 'to serve, not to be served", who gave himself upon the cross for us and in joy-filled victory, rose again three days later, so we may know new life in him.

Jesus restored love and service to the very centre of our being and made it clear throughout His life, told through the gospels, that our calling to follow him is one of love and service to others. Be it towards family or friends, stranger or neighbour, church or community, nation or the wider world, our love and dedication to service must be primarily motivated by a duty to serve out of love and dignity for all, regardless of the receptivity or acknowledgment from others.

With the difficult events of the last few years, including Her Majesty the Queen's death, alleluias may have been more difficult to come by or even somewhat subdued. But as Easter people, we take confidence and comfort God is always with us, through the presence of the Holy Spirit. In His life Jesus showed us what it means for us to see him in those around us, who also need our love and service, that we too may move beyond self-interest to life-long service, as he was servant of all.

God Bless,

Rev. Justin

# Foodsave Beer's Community Larder

has been running since November last year. It's aims being simple: to stop perfectly good food going to landfill and help alleviate anxiety from food insecurity; it is open to absolutely anyone.

Our team of volunteer drivers collect food from various supermarkets each week. This is perfectly good food where the best before date has just passed or the use by date is that day. Without the intervention of Foodsave it would be thrown out by supermarkets and sent to landfill.

Every Tuesday another team of volunteers help sort and redistribute the food to local residents who come to the Mariner's Hall from 12.30 p.m. to collect what they need and can use; please note we only stay open until all of the food has gone. Each week the selection and quantity of food is different, we never know what or how much we are going to get. We therefore encourage everyone to bring along any food they might have, including pet food, which may be surplus to requirements so that it too can be shared with someone who could use it.

We have now moved from our base in the Scout Hut to a more convenient home in The Mariner's Hall. Thanks to the enthusiasm and support of the Hall Committee, GP surgery and Men's Shed and with financial backing of Foodsave, we are now able to store our equipment, dry goods and chilled food in more accessible locations. Thank you to all involved for getting this project moving; it really has been a Community effort and we are incredibly grateful for everyone's support.

We would also like to say a huge thank you to the whole Cosy Coffee Club Team for their amazing donation of £300.00; we know that you have all worked tirelessly to provide a warm, welcoming space at the sailing club for everyone over the winter and raising money for various local causes at the same time. We really are very grateful to have been included in the list!

Finally, if you would like to find out more and perhaps be involved as a volunteer or fund raiser please come and see us at one of our sessions or contact us on the Foodsave mobile number: 07471 282626. We

would be particularly keen to hear from anyone who would like to join our team of drivers to collect food donations from supermarkets.

Our motto is simple: **Take What You Need and Share What You Don't**. We look forward to seeing you next Tuesday in the Mariner's Hall at 12:30!

# WANTED

Are you or have you ever been a campanologist?

We have a support group that meets every TUESDAY evening at 7.15 St. Michael's bell tower.

We would love to hear from YOU!!!!

For further info: contact

Gayle Chapple 07794838219

Sue Phillips 07933062713

Any gueries please let me know.

Cheers, Sue



A small local group who meet regularly in order to grow in the practice of Contemplative Prayer in the Christian tradition. We welcome people of ALL denominations, or none. Currently operating as "The Julian Group at Home"

We invite you to join us virtually on the second Monday of each month at about 7.20pm by downloading and following an "order of proceedings" - available from the Coastal Church website. For more information contact: Sue Price, Reader at St Gregory's Seaton, on 01297 22314

# Fine Foundation Centre May will be a very special month

Beer Village Heritage Reg. Charity No.1087162 May will be a very special month for Beer and the rest of the UK and Commonwealth. If you read the memories of those who celebrated the Coronation of

Queen Elizabeth II it is obvious that it was a wonderful occasion which brought communities together while being a time of happiness and pride. Let's hope that the events planned in Beer for King Charles III's Coronation will stay in the memories of everyone as a wonderful day. It really is "history in the making". Let's be glad that this will happen in Springtime. William the Conqueror was crowned on Christmas Day 1066 – probably not the best time for street parties.

Beer Village Heritage is planning to contribute to the celebrations with a Beach Clean for the King on Monday 8<sup>th</sup> May. We'll meet at the Fine Foundation Centre at 1100 and everyone is welcome. If you can't be there on the day, don't forget that there are litter pickers outside the building for you to borrow at any time. As well as the rubbish bins by Charlie's Yard, there are recycling bins on the eastern side of the centre.

The Fine Foundation Centre opened as usual on Good Friday. Our plans for filling the tanks were foiled by the weather, although we have subsequently managed to get the job done. At the time of writing we have not been able to go rock-pooling so there are no



fish in the tanks. Keep an eye on the posters in our new notice board outside the Mariners' Hall for information on planned rock-pooling sessions. All sessions – both planned and spontaneous - are advertised outside the Fine Foundation Centre.

What you will see in the tanks are some sculptures made from the hag stones which were collected for the project last year. All of the decorated luggage tags are in a folder at the centre, so you can revisit the thoughtful personal comments which the hag stones evoked.

The last of the current series of the Branscombe Project talks is on Monday 8<sup>th</sup> May when Nicola Westlake and Ian Crowe will look at re-wilding in Branscombe. Those of you unable to come to the April meeting missed an interesting story about the burnt house at Weston. 200 years on and there is still mystery about the building. The reconstruction, based on archaeology and architectural history, indicates that the ruins only show a portion of the house:

Mr. Stuckey had built a very grand house to reflect his status and wealth.

I've cut what we laughingly refer to as "the lawn" in between heavy April showers. The area has some grass interspersed with a lot of daisies,

dandelions, violets, bugle and other wild flowers along with some mossy patches.

Our plan is to take part in the "No Mow May" project again this year.
All of the flowers provide nectar and pollen for bees, moths and butterflies.
We saw our first yellow brimstone butterfly earlier in the week. These very

distinctive critters are said to be harbingers change in the weather. The pittosporum has only ver, a couple of weeks later than usual. Although

just come into flower, a couple of weeks later than usual. Although the flowers are insignificant, being small and purple-black in colour, they have the most amazing honey perfume which is very noticeable at dusk.

Beer Village Heritage is a registered charity and is run entirely by volunteers. As well as running the Fine Foundation Centre and the Bomb Shelter, we head up and support projects suggested by you as well as offering walks and talks on the local area. Do get in touch if you have any comments or ideas to take forward. Annual subscriptions of £3 per person are due now. You can pop your contribution into the diving tank money box at the centre (put the money into an envelope with your name and contact details). You'll find the Beer Village Heritage walks and I-Spy

online via our website: <a href="http://www.beervillageheritage.org.uk/">http://www.beervillageheritage.org.uk/</a>. You can telephone us on 01297 20858 or via beervillageheritage@yahoo.co.uk.

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# CINEMA Beer Film Society

www.beerfilmsociety.org.uk

Thursday 18th May at the Mariners' Hall

"WINNERS"

(2022) Cert. PG



The British entry in the Best Film in a Foreign Language category at this year's Academy Awards. Financed entirely in the UK and directed by the British Iranian director Hassan Nazer, the film is a gentle comedy about two Iranian children who stumble across an Oscar statuette in their remote village on the edge of the Kavir desert.

"There is plenty for all viewers to enjoy in its quiet humour and restrained pathos."

Doors open at 6.45pm. Film starts 7.30pm. Bar available.

Members £5. Non members £7

Numbers limited - to book tickets email beerfilmsociety@gmail.com





Beer WI has been as active as usual with regular groups holding either weekly, fortnightly or monthly meeting in members' homes. These include a book club, writing group, Canasta, with outside

activities including a monthly lunch get-together as well as an organised monthly walk.

At the end of March Beer WI held our 98<sup>th</sup> birthday lunch at The Hind in Musbury. This was very well attended with over 20 members present to have a fun game of skittles before lunch, followed by a slice of a beautifully decorated birthday cake.

Unfortunately, our March walk, which was a guided tour of film locations in Lyme Regis, had to be postponed due to bad weather but is being held again at the end of April.

Our regular April WI meeting held in the Congregation Hall was well attended for an interesting talk by Tim Hyslop entitled 'Care Home and Toy Boys' in which he covered many aspects of money management in later life, essentially wills, trusts and importantly Lasting Power of Attorney. There were many questions put to the speaker arising from the varying and different circumstances of members present.

This year Beer WI have re-instated our monthly coffee mornings, where a member offers drinks and cakes in their home. Those attending are asked for a donation which will be put together at the end of the year and donated to a charity chosen by members.

Beer WI is linked with other local WIs (Colyford, Colyton, Seaton and Musbury/Whitford) and in April Musbury and Whitford held a Group Meeting that was very well attended including 10 members from Beer. There was a talk by a local artist who used different items of junk in her pictures, this was followed by tea and cakes.

At the end of April members from the local WIs are going by coach to Torquay for a Devon-wide Spring Council Meeting including a talk by Floella Benjamin.

We meet on the first Wednesday of the month at 7.30 in the Congregational Hall, Fore Street, Beer. Visitors and new members are always welcome. For information contact 01297 21864 or 599157

Just a very few of the many things to do in Beer! ...ask the Editor for more details

# TABLE TENNIS

MARINERS HALL

#### EVERY THURSDAY

(EXCEPT Film Night)

6.30pm - 8.30pm

£3.00 per person



# Beer Men's Shed

Web site: www.beermensshed.uk
Facebook group: Beer Men's Shed

Email: <u>info@beermensshed.uk</u>

Tel: 07775 768172

BEER BEST YEARS CLUB - alternating with BIZZY BEES on Tuesdays 2 - 4 pm At Mariners' Hall











# **Beer Mariners Short Mat Bowls Club**

The friendly short mat bowls club for all ages and abilities

# MARINERS' HALL TUESDAY EVENINGS 7:30 - 9:30 pm

Locals 2 free visits! then £3 per night -

Tea/coffee/biscuits included

New players welcome!

Bowls provided - bring some flat shoes

Contact COLIN TIMS 01297 23565 or HENRY JAGGERS 01297 20858

or just come along and have a go!

# The Kingdom of Heaven is like.... .....Communion in the Builders' Hut

In February I went on a CHRISM (Christians in Secular Employment) weekend in Sarum College, during the weekend, we broke out into small groups and discussed 'Communion in difference places.' In my group I shared the following story. I was asked to write it for their magazine. Thought I'd share it with my Church family too!

For 10 years I was a full time Town Centre Chaplain in Colchester and went into work places all over the town, including shops, offices and the police. One of my many privileges was to go every Thursday to a builders Yard, there was a tea break at 11 o'clock, so once I'd walked around the site and spoke to the Manager's and other staff. I would walk, with hard toed boots and a safety hat, over to the builder's hut, where the kettle would be on the boil. The guys working there would gather, turn round the 'naughty' calendars, tell each other the 'padre' was coming and to mind their language and the scene was set. In I'd walk, usually with a grin on my face and there would be an empty seat waiting. Then the teas would appear and a packet of Rich Tea biscuits, maybe if it was someone's birthday there would be doughnuts! biscuits and the tea were their 'bread and wine' because over that time in their hut, there was real communion, real sharing of love and tears, real confession and forgiveness, a discussion on current issues and church affairs, and an inclusivity that puts the Church to shame. In the end I would give them a Blessing and send them out to 'live and work' in this place that God has sent them.

Over the years I saw many of the builders change. Some came to faith, some thanked me for saving their relationships. Some just walked away every Thursday with a smile, knowing they were loved and respected. To me this was real communion, a real sense of being where Jesus would have been, sharing tea and biscuits in a builder's hut somewhere in Galilee.

Rev Ali Finch

### **Seaton Beer and District Branch RNLI**

Seaton Beer and District Branch are delighted to say that our lovely Shop at Top Cliff, Jubilee Gardens, Beer is now open for Spring, Summer and Autumn 2023. We aim to open seven days a week and the hours approximately between 10am and 4pm subject to Volunteer availability and weather. Our Volunteers come from around our area as well as at Beer and there are still some vacancies on our rota for full or part days. If you can help or know anyone who can help please call in to see us when we are open. As well as raising funds for the RNLI we provide tourist information plus sea safety advice and advice for people walking near the coast.

The RNLI Mayday Appeal 2023 will be taking place from the 1<sup>st</sup> to the 31<sup>st</sup> May. This year as in previous years we are having our Mayday Appeal Welly Walk at Seaton and this year it will be on Sunday 21st May. Everyone is welcome to come and walk with us starting at Fisherman's Gap. We will be walking to the end of the East Walk, returning to Fisherman's Gap then walking to the end of the West Walk and returning to Fisherman's Gap. Registration will be at 9.45am and we are to depart at 10am. Sponsor forms can be obtained by emailing wac500@hotmail.co.uk or donations can be collected and made on the day or posted to 3 Belmont Terrace, Causeway, Beer, Devon, EX12 3LE. Mayday Miles can be completed by walking a mile a day in the month of May. Time, place and distance best for anyone who would like to take part individually. We will be having our Colour-in-a-Wellington Boot Competition. Posters can be obtained by emailing or collection from the above address. The posters will be available and judged at Pebbles Coffee House. Alternatively design your own poster and bring that along.

As we proceed through 2023 we are looking forward to our Beer Lifeboat Weekend. Our Street Collection and Table Top Sale will be on Saturday 1<sup>st</sup> July and our 16<sup>th</sup> Annual Duck Race Day will be on Sunday 2<sup>nd</sup> July. Details available nearer the time.

Best wishes to everyone.

Wendy Cummins
Secretary
Seaton Beer and District Branch RNLI



# Jimmy Green Needs Your Small Boxes!

At Jimmy Green Marine, we are aware of the impact our business has on the earth and its resources. We are committed to minimising this impact and preserving the environment around us as much as possible. Rather than simply produce another policy, our aim is to approach our work in a way that supports our vision and values, in balance with our professional needs.

As a retail business we handle a lot of incoming and outgoing deliveries. This requires a lot of packaging! We sort all the packaging we receive and reuse everything, from pallets and cardboard boxes to foam and bubble wrap. Nothing is thrown away if it can be reclaimed for sensible employment. Anything that we can't reclaim and reuse, is sorted for recycling through an external professional service.

If we don't have a suitable box to reuse, we have paper potato sacks for wrapping our outbound parcels. We have been doing this since the business began in 1981 because they

are strong, light-weight and a biodegradable alternative to plastic.

However, we have an increasing demand for smaller boxes. If anyone in the local community has any small boxes in reasonable condition that they would like to see re-used, we'd be delighted to receive them.

We believe we have a responsibility to the local community, our customers, employees and business partners to continue our efforts to conserve resources, preserve natural habitats and prevent pollution.

For more information on our full policy, you can visit the environment and sustainability page of our website.

https://jimmygreen.com/content/228-environment-andsustainability



# BEER PARISH COUNCIL

The council held the Parish Annual Meeting on Wednesday 12<sup>th</sup> April 2023 at the Mariners Hall, the meeting was attended by a representative from Jurassic Fibre, a Devon based Company, who gave a small talk on the current broadband infrastructure in Beer. At present the village has the old copper system, but this will need to be updated before the switch over to Fibre in the future. There is more information on their website regarding their costs etc.

PC Craig Amarilli also joined the meeting and spoke to residents about the work of the local policing team, the local policing teams details are on display in the notice board at the

Mariners Hall, please do make contact with them should you have any concerns about crimes or any policing matter.

Do you know anyone who lives in the village/local to Beer and is looking to get on the property ladder? The CLT housing project has three shared ownership properties for local people, for more information follow the link below:

#### HOME | final (beerclt.org)

The Parish meeting was followed by the Full Council meeting where Cllr Dormor thanked the four Councillors who will not be standing for Election in May, Cllr G Pook, Cllr M Graham, Cllr A Adkin and Cllr E Molony. All have given a great deal of time and commitment to the Parish of Beer and their efforts have been greatly appreciated. Cllr Pook, who was also EDDC District Councillor, and Cllr Graham have been on the Parish Council for many, many years, all will be sadly missed.

After gathering feedback from residents, the Council voted to convert two of the parking bays at Townsend Coach Park into car parking bays,

this will allow for an extra 7 bays, parking is very limited in Beer for residents so it is hoped that this will be a great help to many residents. Parking bays will be allocated to people on the waiting list, if you would like to be added to this list, please email the Clerk: beerparishcouncil@outlook.com.

The Local Elections will take place on Thursday 4<sup>th</sup> May 2023, please remember that you now need ID to be able to vote in these elections, further information can be found at:

Voter ID | Electoral Commission

# **ALTAR GUILD NEWS**

Meeting held on 11<sup>th</sup> April 2023 in St Michael's Church.

Our Lent lunch and Soup for Souls week was well supported and appreciated by all who attended and a big thank you for the support of the Congregational Church. Donations raised from the Lent lunch were for Shelter Box.

Easter coffee morning in the church was very successful, well supported and a lovely Easter atmosphere......thank to all.

Events in May ... Planning a Coronation Breakfast in the church Sunday 7<sup>th</sup> May at 8am followed by morning praise service.

Rogation Sunday Service May 21<sup>st</sup> leaving the church approx 10.15 for a service on the beach followed by coffee on the beach.

Please feel free to join us at any of our events or services you would be very welcome.

Date of next meeting: 2023 @10.00am

#### Presence

Everything happens now.

Are you conscious -- here and now? Or are you lost in thought? Are you revisiting your past? Or are you picturing some future event?

Either way, if you're lost in thought then you're not present. You're ignoring the only place where everything in your life happens: the present moment, Now. It's always there, and yet we by-pass it much of the time and send our attention off into past and future. Why? Because memories plague us; and we're anxious about events to come. Neither of them is reality.

The mind is a wonderfully clever instrument. You use it to reason and make decisions, to express yourself. The mind is all about processing thoughts, about Doing. The mind needs content. It generates opinion and judgement, reaction and response. When mind becomes present, that is brought to a standstill in the here and now, it becomes conscious, aware of space which is the absence of thought.

To cease thinking, even for a few moments! What a relief. What a respite from concern. A respite from being 'me'.

\* \* \*

Somewhere along the human journey on this planet – and particularly those of us who are creatures of the developed western world –- humans moved away from Nature. Nature from which we originate and to which we return.

Look at the indigenous peoples in the so-called undeveloped world: Bushmen (San), Aborigines, First Nation Indians, Inuit, Amazonian tribes – they live in conscious connectedness with the Natural World. The individual ego (so applauded in our society) is absent from undeveloped cultures. Forests and grasslands, deserts and tundras are habitats that indigenous peoples fit into, and without needing to articulate it, they live with a sense of connectedness, of belonging to their environment.

Do we feel we belong in and with and to our environment? Being present in the here and now is an immediate way of connecting with it.

So, the one thing you are always in is Now.

Seems like we ought to be giving it some attention, don't you think? The one place where all of life, everything that happens in your life, happens. But we don't give it much attention, do we? We carry the burden of regret and disappointment. And we carry the anxiety and worry about what is to happen. So we're lost in thought. Lost in the time dimension. And just occasionally something happens to shake us out of past and future: shock, sudden beauty, a kindness. And just for a moment we sense that the only place where true change can occur and where past and future can be dissolved is Now.

And what is 'Presence'? It is letting go of past and future; it is locating your attention in the Now. This gives you space. This frees you from wasteful repetitive patterns of thinking. Presence enlightens your consciousness, it opens you to joy in the present moment.

# YOUR "LOCAL" CONTACTS

#### **Parish Council**

\*Geoff Pook 07966 490429 James Green 07714 328352 *Vice Chair* 

\*\*\*

\*Alex Adkin 07811 178731

\*Emma Molony 07773 399025 Rick Dormor 07970 217267 *Chair* 

\*Mandy Graham 01297 20369 Adam Brewer 07874 051689 Tim Stevens 07855 023482

timstevensbpc1@aol.com

 Sean Greig
 07971 294201

 John Heath
 07966 089257

 Martin Richards
 07809 629344

Clerk to the Council: Nicky Ingarfield

beerparishcouncil@outlook.com

Internal Auditor: Trudie Jenkins (Blue Chip Accountancy)

#### East Devon District Councillor \*Geoff Pook

Mobile: 07966 490429 gpook@eastdevon.gov.uk

\* Councillors not standing for election on 4th May.

# **Devon County Councillor** Marcus Hartnell

Mobile: 07515 285725

#### Member of Parliament Richard Foord

Parliamentary matters -

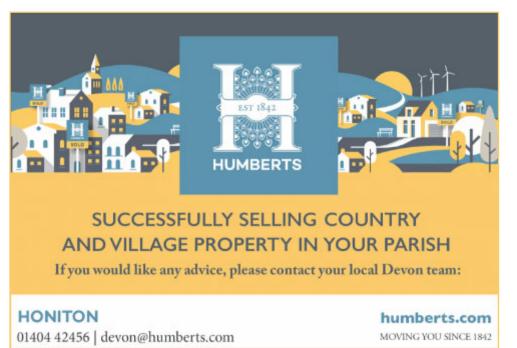
House of Commons, London, SW1A 0AA

Constituency matters - richard.foord@libdems.org.uk

c/o 118 High Street, Honiton, EX14 1JP

Advertisement(s) Advertisement(s)





# GB Building & Maintenance

Conservation Building
Historic, Listed, Traditional
Lime Plastering, Stone
Work, Cob Walling repairs,
Lime Wash, Breathable
silicate paints.
Listed Heritage Member
01823 283212
07776 032289

gb\_building@hotmail.co.uk





# **Specialist Chocolate Shop with plenty more besides**

**Hand-made luxury chocolates,** a wide range of confectionery, traditional sweets, local preserves & Gelato.

**Beautiful gifts**, including jewellery, mugs, soaps, hand creams, bamboo socks, scented candles, greetings cards, soft toys, games, clothing, scarves and souvenirs.

New product lines throughout the seasons.

**Open:** 10–4.00 Wednesday–Saturday and 11-3 on Sundays. Longer hours / open 7 days a week during summer months and school holidays.

**Closed**: Sun/Mon/Tues in low season.

Follow us on Facebook and Instagram (@chocolateandmoreinbeer).

Call for mail order – 01297 625999 Chocolate & More, Fore Street, Beer EX12 3JB 5\* food hygiene rating





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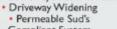


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# **Beer Parish News**

# Copy for June to be with the Editor by Monday 22nd May, at latest please.

henryjaggers@btinternet.com 01297 20858 Green Bank, 9 Clinton Rise EX12 3DZ



#### \*\*\*\*\*\*

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