

# Beer Parish News

2024 July



St Michael's... ..*and* Village

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[www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)

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**In an emergency, parishioners should contact the Churchwarden (see above for phone number).**

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# St MICHAEL'S CHURCH

Coastal Mission Community



St Michaels Church Beer

[www.coastalchurch.org.uk](http://www.coastalchurch.org.uk)

**JULY 2024**

(The detailed calendar below was not available for our printed edition)

**Tues 2nd** 6:00pm Choir Practice  
 7:15pm Bell Ringing  
**Wed 3rd** 10:00am Prayer Group  
**Thurs 4th** 12 noon Children's Team meeting  
**Fri 5th** 10:00am Mickey's Music Maker  
**Sun 7th** 8:00am Holy Communion 6th Sunday after Trinity  
 9:30am Morning Praise  
**Tues 9th** 6:00pm Choir Practice  
**Wed 10th** 8:30am Open the Book at School  
 10:00am Holy Communion at BEER  
**Fri 12th** 10am Mickey's Music Makers  
**Sat 13th** 10~12noon Coffee Morning  
**Sun 14th** 9:30am Family Communion 7th Sunday after Trinity  
 4:00pm Cream Teas in Church  
 6:00pm Sea 'Sea Sunday Songs of Praise' Service  
**Mon 15th** 2:00pm Memorial Service for Lord Clinton at Exeter Cathedral  
 7:00 for 7:30 start QUIZ night in church  
**Tues 16th** 2:00pm Play Reading Group  
 6:00pm Choir Practice  
 7:15pm Bell Ringing  
**Wed 17th** 2:00pm "Anna's Place" simple communion service for over 60s.  
 2:00~4:00pm First Aid Course at St Gregory's church Centre  
**Friday 19th** 10:00am Mickey's Music Makers  
**Sun 21st** 9:30am Morning Praise 8th Sunday after Trinity  
**Mon 22nd** 9:30pm Beer Year 6 School Leavers Service  
**Tues 23rd** 6:00pm Choir Practice  
 7:15pm Bell Ringing  
**Wed 24th** 8:30am Open the Book at School  
 10:00am Holy Communion at Seaton  
 12:30pm Worship Team Meeting  
 1:00pm PCC Meeting  
**Sat 27th** 10 ~ 12noon Seriously Occasional Singers  
**Sun 28th** 9:30am Family Communion 9th Sunday after Trinity  
**Tues 30th** 6:00pm Choir Practice  
 7:15pm Bell ringing

Sunday services in Beer are often on Facebook. If you can't come to church, you can watch and hear them there, either live or later at a time convenient to you!



## From Justin... Rev's Ramblings -

If you are hosting a dinner party this summer or perhaps some friends or acquaintances over for a barbecue, here are some controversial conversation topics that are likely to dampen the party atmosphere and we are well advised to avoid:

- Money
- Politics
- Religion
- Relationships

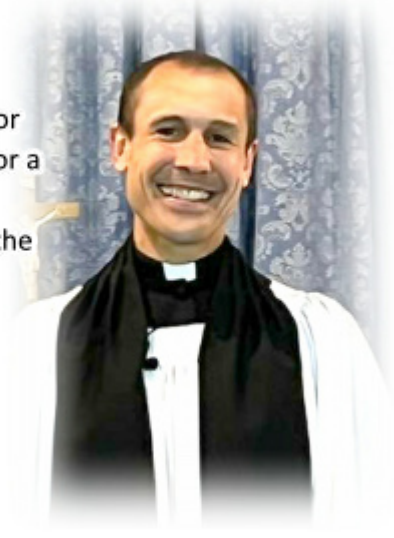
I think I have probably covered three of those four in some way or form during previous rambles. As we are not gathered around a table with a lasagne and a bottle of red, I shall go for the full set today...

...because we are of course on the countdown to election day! In just a few days this month we'll all be asked to have our say on who we want as our local MP (Sidmouth and Honiton), and our thoughts on who we desire to be governing the UK.

It's easy to have strong feelings on these matters- and it's right and good to have the integrity, honesty and grace to be able to discuss things and disagree about political stuff with one another, whilst also being able to be friends with those with whom we might disagree. But before we dive into ticking or crossing a box, let's think about just two points from the teaching of Jesus- the importance of honesty, and of kindness.

Thinking of honesty, our mind might go to the Sermon on the mount, in Matthew 5, when Jesus says this:

***"And do not take an oath by your head, for you cannot make one hair white or black. Let what you say be simply 'Yes' or 'No'; anything more than this comes from evil."***



Jesus values honesty and integrity, and so I believe it would be right for us to value those qualities as prerequisite for our leaders and governors in any area. Jesus teaches us to be people of our word, who will do what we say, and be truthful and honest when we make mistakes. As we vote, we do so looking for leaders of honesty and integrity.

And thinking of **kindness**, our mind might go to another parts of Jesus' teaching in Matthew 25 as he says the following:

***Then the righteous will answer Him, 'Lord, when did we see You hungry and feed You, or thirsty and give You something to drink? When did we see You a stranger and take You in, or naked and clothe You? When did we see You sick or in prison and visit You?'***

***And the King will reply, 'Truly I tell you, whatever you did for one of the least of these brothers of Mine, you did for Me.'***

Jesus' heart here is clear for the least, the last and the lost. There is a real sense here that the way we welcome the stranger instead of rejecting them, the way we treat the hungry rather than point the finger, and the way we serve the poor rather than ignore them, shows the depth of our love and worship to Jesus.

So this election season, we pray for all those who lead our country – whatever party they represent, whatever their political persuasion and whether they are right, left or central. And we pray for them to have a real depth of honesty and kindness, wisdom and discernment and that they may seek the common good in carrying out their duties.

And we acknowledge that, wherever we place our cross this election - there is one cross which is eternal. There is one cross which doesn't change every few years. There is one cross that has nothing to do with our preference, politics, or power. There is one cross on which we can place our lives and eternal futures. And this cross is all about Jesus - the God who is full of grace and truth, who is the way, the truth and the life, and whose word is 'yes' and 'Amen'.

Grace and peace,

*Justin*



#### CARE HOME DATES JULY 2024

DATES FOR CARE HOME VISITS THIS MONTH – If you have a loved one in a care home, and would like to join us for the worship, please call the care home prior to your visit just in case there are any changes to their programme.

Tuesday 2nd July – 11.00 a.m. THE MANOR HOUSE

Monday 1st July – 11.00 a.m. THORNFIELD

Tuesday 9th July – THE SEATON

Monday 8th July – 10.45 a.m. NETHERHAYES

Monday 15th July – 10.45 a.m. LYME BAY

Tuesday 16th July – 11.00 a.m. CHECK HOUSE

WED'SDAY 17th July – 2.00 p.m. ANNA'S PLACE St Michael's Beer

Email: [caseymary119@gmail.com](mailto:caseymary119@gmail.com) Mob: 07805 655335  
St Gregory's/St Michael's Church office 01297 23656

#### PARISH COUNCIL NEWLETTER – JULY

On Monday 10<sup>th</sup> June, a village meeting was held to discuss the New Years Eve fireworks and was attended by a number of Beer Parish Councillors, along with three non- councillors.

In the previous two years, the shortfall to the funding was met by BPC, as they ran at a loss.

However, this cannot be sustained and due to legislation, funding can't be provided by BPC monies and has to be self-funding through fund raising and/or donations.

The event will also require at least ten stewards to ensure the safety of the public along with someone to "manage" all aspects such as stewarding, generation of paperwork (risk assessments) and liaising with EDDC.

It is sad to say, unless the above is resolved, there will not be any fireworks this New Year.

On a positive note – the D-Day events held on the 6<sup>th</sup> and 8<sup>th</sup> June were a resounding success – they were a massive joint village effort to put together and to say a big thank you to all those that served in the armed forces at the time.

Massive thank you's must go to Carole Arnold, the Royal British Legion, Beer Scouts, Beer Primary school, BPC, Tesco for donating the cream teas and of course all of community who turned out to make the days such memorable events.

Other village news – BPC are working hard with EDDC, DCC and Streetscene to ensure the village is maintained to a high standard, pot holes filled, drain covers painted, walls repaired, lighting repaired, flower pots replaced following damage by contractors.

Another defibrillator is to be purchased by BPC and is to be located on the external wall of The Mariners Hall – thank you to London Heart for assisting in the purchase.

Once the new defibrillator is purchased and installed a map of the village will be published showing the location of all the defibrillators.

Reminder – the next Beer Eats is scheduled for Friday 5<sup>th</sup> July – come on down and enjoy some street food, a drink and natter with some of the community or visitors to make them feel welcome.

*Clr S Reeve*





Saturday 6th July the Lodge will have a table at The Mariners Hall with a display of historic jewels, background information on the Order, its philanthropic mission, how to get involved and membership details.

Saturday 13<sup>th</sup> July the Craft & Arts Committee are walking from Seaton to Lyme Regis coinciding with a festival of Morris Dancing on the Cobb. The Royal Standard will be the rallying point, a splendid 400 year old Palmers hostelry with fine food and beer.

Sunday 28<sup>th</sup> July, Lesley and Justin are hosting a Garden Party between 2pm and 5pm at Garlands, Stover Long Lane to raise funds for a replacement mini-bus for 1<sup>st</sup> Beer Scouts. There will be cream tea, cakes, coffee and scones, live entertainment, marquee, along with a raffle. Entry donation £5 (*cash only please*). BYO booze & picnic rug. Sure to be a sell out, guaranteed sunshine with super views out to sea.

On the 20<sup>th</sup> May the lodge presented a cheque for £2500 to Debbie Allen of the Royal Devon Hospitals Charity. The money will go toward the internal decor and fitting of a separate A&E facility for the exclusive use of children up to the age of 18 at RD&E.



[beer@devonwi.org](mailto:beer@devonwi.org)

[devonthewi.org.uk](http://devonthewi.org.uk)

On June 25<sup>th</sup> the monthly WI meeting had a talk given by Charlie Portlock in the Congregational Hall, Beer. Charlie represents **Partners for Progress**, started by Elizabeth Rutter, now 86 and still involved with the villages in Nepal. Elizabeth had first visited the Ladakh and Zaskar areas whilst on a summer teaching break in the early 1980's and was overwhelmed by the experience. When visiting Baglungpani village, the headmaster showed them their school which was in bad repair. That was the start of a collaboration between Elizabeth's school, Leweston, in Dorset, and Baglungpani.

Throughout the years the friendship between the schools has deepened with students spending time in their gap years there and with exchanges.

Elizabeth says, 'I myself have lost count of the number of visits to the village and it has been a delight to work with two headmasters over the years who have quietly led and inspired the work while preserving the special peace and joyous atmosphere which has touched the lives of so many visitors here.'

The charity was founded in 2019. Partners for Progress supports education and community through Nepal. It is a country caught between India and China whose infrastructure has been ruined from many years of political conflict.

Several WI members have donated to sponsor a child. This gives the child a future vision of what is possible and a chance of education which in turn, helps their families.

The work of Elizabeth and Charlie has now expanded further to reach other communities. Elizabeth continues to go out to Nepal and takes an active part supporting them.



Some of the staff at the school with Charlie Portlock



## **SEATON BEER AND DISTRICT BRANCH**

The weather was warm and sunny for our Mayday Appeal Welly Walk Day at Seaton on Saturday 25th May. We are very pleased to say that our collecting as we walked along the East and West Walks during the day achieved £318.07 with credit from the PDQ card payment machine and QR code to follow. We had 89 wonderful entries from Beer Primary School and 100 from Seaton Primary School into our Colour In A Wellington Boot Poster Competition.



Pecorama at Beer donated family tickets as the main prizes and all the children received RNLI badges. Helen Rogers, Pat Watterson, Miles and Tigs the dog, Brian Gravenor, plus myself walked Mayday Miles throughout May and sponsorship and donations raised an additional £270. Online donations from Brian and myself raised a further £284 and any further donations will be greatly appreciated. Brian aimed to walk 200 kilometres to represent 200 Years of the RNLI and his total was £265.5 that is 159.3 miles. Well done Brian.

At the time of writing my report we were looking forward to our Beer Lifeboat Weekend.

Saturday 6th July is our Street Collection and Table Top Sale. We still have a few tables for hire at £6 for one or £10 for two. Additional collectors for our collection are needed and welcome. For both events please phone message to 07790861531 or email [wac500@hotmail.co.uk](mailto:wac500@hotmail.co.uk) if you can help.



There will be a variety of stalls, tea, coffee, hot chocolate and Bacon Baps.

On Sunday 7th July it is our 17th Annual Duck Race Day. From 11am the Lyme Regis Sea Safety Team will be with us and the F2F Volunteers. We will have our Duck Tombola and other stalls, the Inflatable Shannon and Stormy Stan will be joining us. At 2.30pm there will be a display by the Lyme Lyme Regis and Exmouth lifeboats (subject to weather and operational requirements) At 3pm the duck races down Beer Brook start from opposite the Dolphin Hotel. Prizes are kindly donated by Beer businesses and from in our area.

Please come and support us on one of our favourite and busiest weekends of the year.

*Wendy Cummins,*  
Secretary,  
Seaton Beer and District Branch RNLI



We're delighted that Julian Driver has started work on painting and decorating the Fine Foundation Centre. Covid 19 interrupted the maintenance

regime, so we are pleased to be getting back on track. To ensure the safety of the public, and to give Julian space, the centre will be closed while the work is being done. We apologise for any inconvenience and plan to be open again before the school holidays.

Hopefully the gloriously sunny weather will be maintained into the holiday period. At least the lack of rain is curtailing the growth of the grass, although the daisies are still blooming happily. Thrushes and blackbirds like you to keep your lawns trimmed. They prefer short grass when they are looking for worms, snails etc. Several people have commented on the large numbers of slugs which have appeared this year. I know that they have a bad press, but they are very useful in recycling dead plant material. Protect any precious plants and let the others take their chances! Incidentally, in spite of folk lore, I can't find any proof that coffee grounds deter slugs, but they do work well in your compost heap.

Midsummer has been and gone, and the evenings are starting to draw in! However, there's still plenty of "summer" wildlife to enjoy. The swifts are very active every evening, swooping across the garden in search of midges. July usually sees the emergence of glow worms. They usually light up as it gets dark, sometime after 2300, so going on a regular patrol tends to be the best way to identify where they are. If there are none in your garden you should be able to find some in the Jubilee Gardens and the "Living Churchyard" in the old cemetery. Juvenile glow worms don't maintain their light for long but flick on and off, so can be difficult to spot.

We were sad to lose one of our long-standing supporters, Soux White, who died recently. Soux enjoyed research projects, particularly supporting the Branscombe Project, and leaves her book on the Beer lace industry – Jane and Ada – as a worthy memorial.

The BAGs history group is looking at "water in Beer", and is hoping to find out more about the various large underground pipes around the village.

The annual Natural Seaton festival will be held on Saturday 27<sup>th</sup> and Sunday 28<sup>th</sup> July. There will be information stands and various activities across the town – most of them free. So do come along! It is followed on Monday 29<sup>th</sup> by activities celebrating Heath Week. The Pebblebed Heaths are one of our local National Nature Reserves and their website will have details in due course.

Daniel Wynn is the new manager for East Devon Natural Landscape. He's been busy getting to know the area as well as what the organisation covers. He is planning to meet local supporters and ambassadors early in July.

Don't forget: Seaton Library has a new Family History Club which meets on the first Friday of the month from 1030 - 1130.

As the holiday season approaches you might be looking for some different experiences. Stuart Line Cruises and Jurassic Coast Trust offers a trip along the coastline with expert guides pointing out some of the highlights of the world heritage site.

Thank you to everyone who has paid their subscription for 2024/5. The Trustees have kept the amount at £3 per person. If you don't see any of the committee, you can put your subscription in an envelope and post it in the diving tank box in the centre or give it in at the Post Office. Please make sure that you write your details on the outside of the envelope.

A very big Thank You to Graham and Anna Hughes for allowing us to benefit from the donations made in lieu of an entry fee to the Craft Fair. We enjoy spending the day in the foyer of the Mariners' Hall where we can show objects which we are unable to display in the centre.

Beer Village Heritage is a registered charity, and we rely on donations in order to run the Fine Foundation Centre and the Bomb Shelter. You'll find the Beer Village Heritage walks and I-Spy online via our website: <http://www.beervillageheritage.org.uk>

If you would like to be involved with running the Fine Foundation Centre and our other activities, please talk to our Chairman, David Morling on 01297 625045 .



## BEER Film Society

Beer Film Society has another special treat lined up for its next film at the Mariners' Hall on Thursday July 18<sup>th</sup>.

With the 2024 Olympic Games in Paris looming large we are getting into the mood by showing the award-winning documentary '*We Dare To Dream*' (PG, 1hr 38mins).

Directed by Academy Award-nominated Waad al-Kateab and executively produced by Angelian Jolie and John Legend, this film tells the story of five refugee athletes from Iran, Syria, South Sudan and Cameroon who swim, run and fight their way to opportunity and safety in host nations across the world.

The documentary follows their lives and hopes as they train to compete on the global stage at the Tokyo Olympics.

To celebrate this event we have linked up with Mary's Syrian Kitchen in Ottery St Mary to provide some tasty treats before the film – all included in the ticket price (£5 members, £7 guest and annual membership available on the night for £15.)

To book your seat please email: [beerfilmsociety@gmail.com](mailto:beerfilmsociety@gmail.com) by Monday July 15<sup>th</sup>.

Also a reminder that the AGM will be held before the film starting at 6.45 and all members are welcome to attend.

*Beer Film Society*

**Beer Film Society**

The lives and hopes of refugee athletes who dream of competing in the Tokyo Olympics

**WE DARE TO DREAM**

Card payment preferred

Bring your own cushions!

PG

**Thursday July 18th**

**Mariners' Hall**

Doors open 6.30pm AGM 6.45 short break before Film  
Members £5.00 non members £7.00

special event with Syrian food included in the ticket price



## News from Beer Primary School



We've had a busy academic year so far with the diary looking full until the Summer holidays as well! One of the main events was our OFSTED inspection in November. We are delighted to say that the inspection went well, and we received a GOOD judgement overall with an Outstanding judgement for our Early Years (EYFS).

The children have enjoyed a variety of trips and visits over the year which have included sporting festivals and events as well as trips to a local farm, the Donkey Sanctuary Seaton Wetlands, RAMM in Exeter and a residential stay in Torquay for example. We are also in the process of buying a school sports kit thanks to the funds raised by Sarah C to enable us to do this!

Thank you to the Regatta committee for the generous donations made to the school this year. Thank you also to everyone who helped with the Beer Blazer as well as those that attended Beer Haven Open Garden as these events have both raised funds for the school.



All our staff and volunteers work incredibly hard for our children, and we are very appreciative of all they do. If you are interested in volunteering, listening to children read or have a particular talent that you could share, it is a great time to come and join our team as a volunteer or governor. Please contact the school office on 01297 20077 to arrange to come and see us!

Back in March, Beer Primary PTFA took on the 20 mile Grizzly race to raise funds for much needed new sports kits for the children at Beer Primary School. This fund raiser was supported heavily by the local community, receiving generous donations from The "Beer Buffs", Beer Albion Football Club and Beer Village stores as well as many local individuals. The children, staff and parents are delighted with the new kit and the children feel proud to be representing Beer Primary school at sports events. Thank you to everyone who supported this cause, it is hugely appreciated by us all at Beer Primary PTFA.

*Sarah Coates* - PTFA committee member





## D-DAY COMMEMORATIONS IN BEER

The 80<sup>th</sup> anniversary of D-Day was an event filled few days in the village. The RBL working side by side with the community and the 6<sup>th</sup> June commenced with the Proclamation and short Service of Remembrance by the Memorial. This was followed by the ringing of the Church bells at 6.30 and the lighting of the beacon on Jubilee Gardens at 9.15 by the Scouts.

On Saturday 8<sup>th</sup> June the day started with 40 Royal Marines from Lympstone Commando Training Centre yomping from Ladram Bay to Beer – 12 mile route over the coastpath, stopping at Sidmouth and Branscombe beach to meet veterans and then over the cliffs to Beer, where the RMs led by the standard bearers from the Devons, Dorsets and Devon and Dorsets and RBL marched up the High Street to take the Royal salute from the Deputy Lieutenant Mr Robin Barlow.



All traversed into the church for a Service of Remembrance led by the Vicar Rev Justin Montague, Chairman of RBL Beer branch and Royal Marine Chaplain. We were honoured to receive our VIP guest, Mr Joe Randall RAF veteran of Normandy and veterans from the village. The service was poignant made

emotional by the tones of the Last Post played by Fiona Harvey from Sidmouth Town Band. At one point our RAF veteran laid a cross by our



Memorial with just the words “Mac” written on. His mate who trained with him all those years ago, reached the beaches of Normandy and was then killed on the second day. Joe has never ever forgotten him.



The Parish Council then laid on an excellent cream tea, made possible by the generosity of Tesco Seaton and hosted by Beer Scouts. The afternoon was an opportunity for veterans to talk about their experiences in all conflicts and at one point we had the oldest – Joe Randall at 100 yrs and a serving Royal Marine’s little son at 4 weeks old. It was truly a day for all ages to come together.

In the evening, the film club showed “The Longest Day”.

This event was a real village community day with the Parish Council / Scouts / HM Coastguards/Church and so many villagers attending and helping. Special thanks to HM Coastguards and the two volunteers (First Aid) trawling the route to ensure no-one was injured. Thank you to everyone who assisted or just turned up.

## A true village community day.

The welcome was such for the Royal Marines, they are already planning next year in Beer!!

*Royal British Legion Beer Branch.*





## Youth, Children's and Families Ministry

There has been lots going on both in the background and foreground in our three 'Next steps' mission objectives, which are:

1. Communicating the message  
**Who we are and the Good News we have to share**
2. Making Disciples  
**Growing as followers of Christ**
3. Creating Community  
**Broadening the age range of the church family to include especially Children and Families**

Here I am just going to focus on 'Creating Community', that is our outreach work to children, families and youth and give you an update.

### Thanks to Linda Joy

Firstly, some news. Linda Joy, who has been our children and families' worker for many years and leads Greg's and Mikey's Music Makers, is retiring at the end of the summer term to spend more time with her parents and growing family. Linda has been such a blessing to the Mission Community, with both our volunteers and especially to the countless and growing number children and families that have attended Music Makers. These ministries have been built on the foundation of great relationships, Linda's positivity and encouragement and she will be sorely missed by us all, and we offer our heart's full of gratitude and wish her and her family every blessing in this new season.

### New initiatives

Earlier this year in March, Revd Shuna began running one of her first 'Crafter-noon' sessions. These are outreach activities specifically aimed at children and families using crafts with Bible-based themes. There have been about four events already and they are growing in popularity each session. If you are interested in finding out more, seeing what goes on, do pop and have a chat with Revd Shuna.

As I write this, we are set to launch a new all-age service in St Gregory's Church Centre called the 'Early Bird' at on the third Sunday of the month. There will be a light breakfast served from 9.15am, followed by the service at 9.30am, including contemporary worship music and informal in style. At St Michael's church the team are investigating the possibility of starting a monthly 'Bubble Church' service. Intrigued, interested to find out, check

out <https://www.bubblechurch.org/> or see Justin, Gayle Chapple or churchwarden Penny Grant.

### Support from Beyond the Mission Community

Revd Shuna and Revd Justin recently had a fantastic meeting with the Exeter Diocese Children and Families Mission Enabler, Sharon Blyth, to talk specifically about our mission objectives in this area, resources, funding streams and much more besides.

Our Mission Community has an ongoing commitment to the monthly Messy Church, held at the Methodist Church, but run by Christians Together in Seaton (CTiS). Revd Justin currently has responsibility on behalf of CTiS to ensure this runs well, supported by volunteers from our congregation. We have arranged for some critical team training from the central Messy Church (BRF) team to help the team to regroup and relaunch after the summer. The Diocese have stepped in to fund this.

### Young People

Less than a quarter of churches in the UK have youth activities on a Sunday or during the week, leaving most churches wondering is it possible to start something and if so how and what. Youthscape's 'Launchpad' is an answer to this challenge. In the first half of 2024 Revd Justin attended a new course called 'Launchpad', a new programme designed to give church leaders the insights, strategies and confidence they need to help the church take this step forward. Launchpad is a chance to see the possibilities that arise through innovation, informed strategy, and a renewed vision for youth work in church.

### What's next for the Coastal Mission Community?

We are prayerfully and strategically discerning the opportunities in Seaton and Beer for youth, children and families work, how best to support this ministry and to make a huge difference in their lives. The potential is enormous and exciting, and the opportunities endless. We are considering various options including employing a part-time youth, children and families minister, a gap year student, a young person on the South-West Youth Ministry (SWYM) pathway and more besides.

### Where can you help?

Firstly, be praying. Be praying for discernment and wisdom as we seek a path forward and potential candidates.

## ALTAR GUILD NEWS

**Meeting held on 18<sup>th</sup> June 2024 in St Michael's Church.**

Planned Church Weekend: -

**Saturday July 13<sup>th</sup> 2024** Coffee Morning at St Michael's -10am - 12midday, raffle, cake stall, tombola and refreshments.

**Sunday July 14<sup>th</sup> 2024** –Cream Tea at St. Michael's 4pm followed by Songs of Praise Service

**Monday July 15<sup>th</sup> 2024** – Evening quiz at St. Michael's- 7pm for prompt start 7.30pm, prize for winners, raffle and refreshments £3.00 per person (up to 6 per team).

**The church decoration theme for this year is "Saints"- very fitting!**

**Please come and join us, everyone is very welcome.**

**Date of next meeting: 17<sup>th</sup> September 2024 @10.00am**

...continued...**Youth, Children's and Families Ministry**

Secondly, consider how you might be able to support this initiative? It could be to offer accommodation, an annex or a room for a year for a young person or minister. Of course, this will also require funding and resources. We are actively pursuing potential grants but the bulk of the funds would come from our everyday income. Might you be able to contribute specifically to this exciting project?

Thirdly, do you have a heart for young people, children and families growing in faith? Do you have a background in this kind of ministry or work with youth and children in general. We would love to hear your ideas? Or might you be interested in volunteering to support a new minister in this area? Perhaps as a mentor or a regular volunteer alongside the new candidate?

**If you would like to find out more or offer any support, please do contact Revd Justin or Revd Shuna. We would love to hear from you.**

## Your Unhappiness

Unhappiness needs time if it is going to continue. It needs a story. It needs the mind to project back into the past (what happened) and forward into the future (what might yet happen). Unhappiness cannot survive in the present moment. Ask yourself: "Am I unhappy at this present moment, now?"

Holding your attention in the present moment means that all your thoughts and your actions are imbued with Presence. You're conscious of what you are thinking and doing. You have separated the essential you from the thoughts that are passing in the mind. You are not your thoughts. You are the space of consciousness in which thoughts arise.

Not all human beings are aware of this. Very many people identify with their thoughts -- to the extent that if someone challenges them, they are prepared to fight to defend them. Throughout human history people have died defending or attacking ideas which represent their identity. "Who or what am I without my identification with my ideas, beliefs, sympathies and judgements?"

This is why it is often said that the greatest event in any human life is the realization: "The essence of me is not my thoughts; I am conscious awareness; my life is not past or future but always here and now; the only reality is the timeless present moment."

What flows naturally from this realization is surrender and acceptance – you allow life to be what it is. Whatever life is giving you at this moment, you allow it. You accept the reality. If the present moment is causing suffering open your heart to it, allow the full import of what is happening into your being. You may not be able to change what happens in the world or in your life, but you can control your response to it. You can choose to not add more angry energy to a situation; you can choose to bring present-moment-awareness and all the outflow of love and sympathy that is in your being to the situation.

That is living in alignment with life. That is living alongside the intelligence of God, the Universe, Nature.

\* \* \*



## YOUR "LOCAL" CONTACTS

### Parish Council

John Heath	John.Heath@eastdevon.gov.uk
Martin Richards	07809 629344
Maureen Westlake	mowestlake.beerpc@gmail.com
Peter Anderson	peteranderson7@sky.com
Martin Shobbrook	m.shobbrook.bpc@gmail.com
Tim Stevens	timstevensbpc1@aol.com
Karen Stevens	karenStevens07@gmail.com
Leona Reeve	leona_reeve@hotmail.com
Simon Reeve	simon_r_reeve@hotmail.com
Caroline Thompson	

*Clerk to the Council:* Nicky Ingarfield  
[beerparishcouncil@outlook.com](mailto:beerparishcouncil@outlook.com)

*Internal Auditor:* Trudie Jenkins (Blue Chip Accountancy)

### East Devon District Councillor

John Heath 07966 089257

### Devon County Councillor Marcus Hartnell

Mobile: 07515 285725

### Member of Parliament Richard Foord

*Parliamentary matters -*

House of Commons, London, SW1A 0AA

*Constituency matters -* [richard.foord@libdems.org.uk](mailto:richard.foord@libdems.org.uk)

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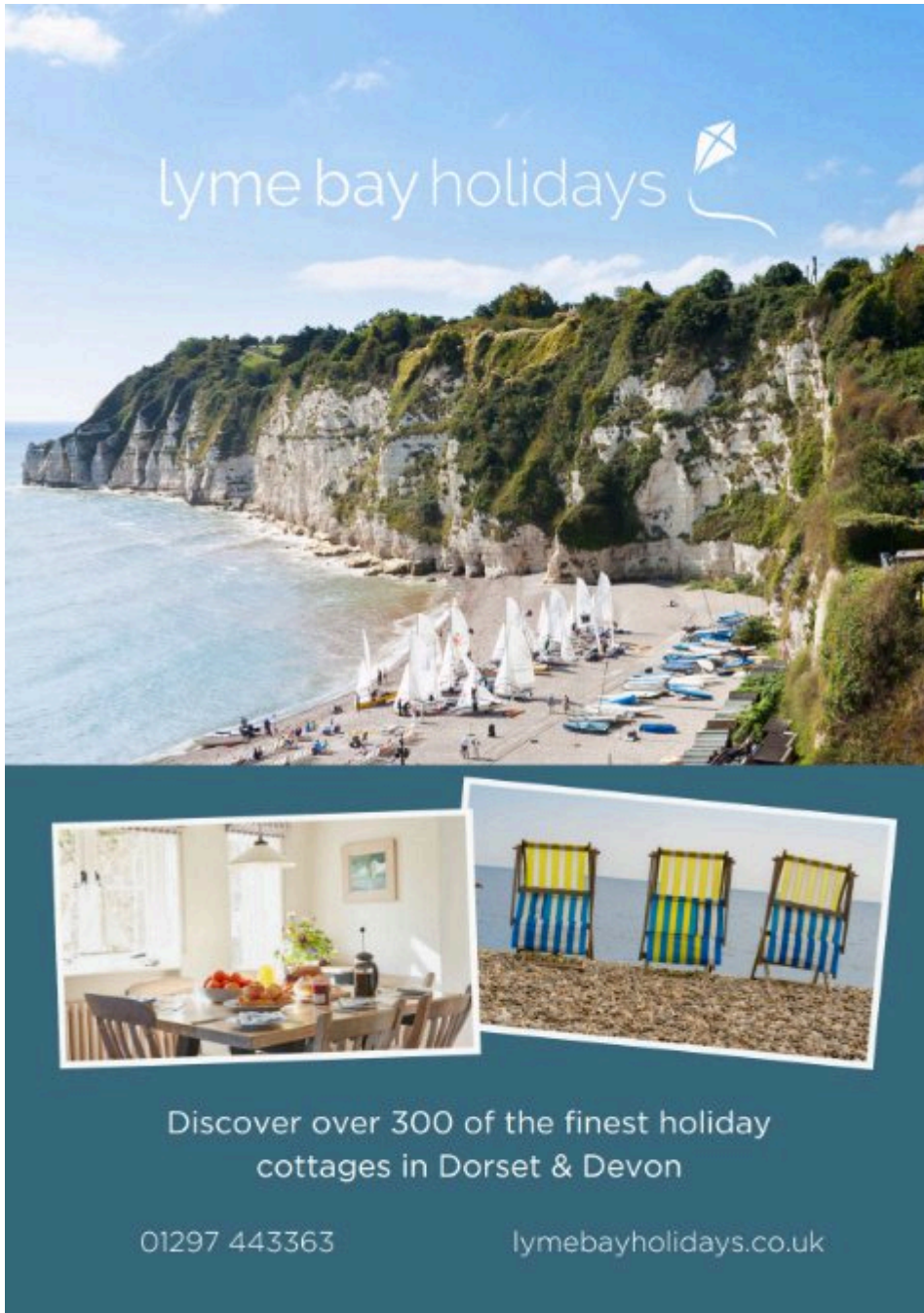
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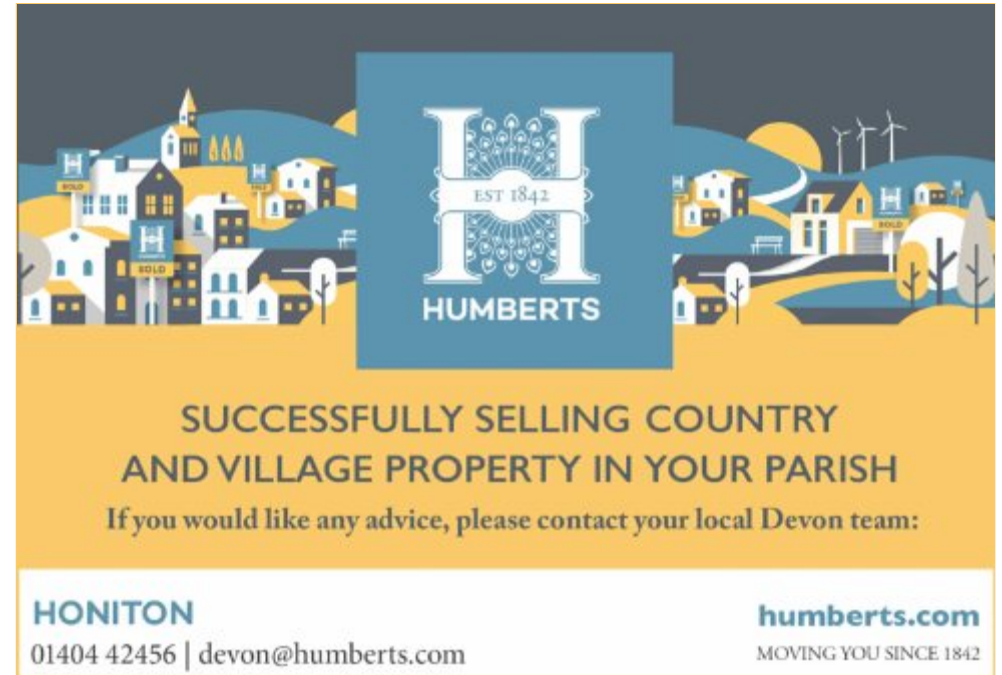
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# Beer Parish News

Copy for August to be with the Editor  
by **Monday 22nd July, at very latest please.**

[henryjaggers@btinternet.com](mailto:henryjaggers@btinternet.com)  
01297 20858 Green Bank, 9 Clinton Rise EX12 3DZ

## Some Dates for your diary!

### Beer Horticultural Society

**Flower Show - Thursday 1<sup>st</sup> August**

**Beer Regatta - Saturday 10th - Friday 16th August**

**Regatta Day Thursday 15th**

full programme for the whole week not yet published but likely to include all the favourites - Sunday Funday, Barrel Rolling, Sailing events -Luggers & Dinghies, Rafts, fancy dress...and lots, lots more!

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\*\*\*\*\*

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**Back Page**

**July 2024**